Please Yourself



拍数: 32 墙数: 4 级数: Absolute Beginner

编舞者: Dee Musk (UK), Richard Palmer (UK) & Lorna Dennis (UK) - April 2015

音乐: Garden Party (feat. Don Henley & Timothy B. Schmit) - John Fogerty: (Album:

The Blue Ridge Rangers Rides Again)



Also: Adapted for Partners 'Please Yourselves' by Andrew Palmer and Sheila Palmer

Count in: 16 counts (begin on vocals)

5 - 67 - 8

[1 – 8]□ Forward, Touch, Back, Hook, Forward-Together-Forward, Brush	
1 – 2	Step R Forward, Touch L behind R
3 – 4	Step L Back, Hook R foot over L knee
5 – 6	Step R Forward, Step L next to R
7 – 8	Step R Forward, Brush L next to R
[9 – 16]□ Forward, Touch, Back, Hook, Forward-Together-Forward, Brush	
1 – 2	Step L Forward, Touch R behind L
3 – 4	Step R Back, Hook L foot over R knee
5 – 6	Step L Forward, Step R next to L
7 – 8	Step L Forward, Brush R next to L
[17 – 24] Side, Touch, ¼ Turn Side, Touch, Side, Touch, Side, Touch	
1 – 2	Step R to R side, Touch L toe next to R
3 – 4	Step L to L side turning a ¼ turn left, Touch R toe next to L
5 – 6	Step R to R side, Touch L toe next to R
7 – 8	Step L to L side, Touch R toe next to L
[25 – 36] Side-Close-Side, Diagonal Kick, Side-Close-Side, Diagonal Kick	
1 – 2	Step R to R side, Close L next to R
3 – 4	Step R to R side, Kick L diagonally across R

Step L to L side, Close R next to L

Step L to L side, Kick R diagonally across L