

Please Yourself

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Dee Musk (UK), Richard Palmer (UK) & Lorna Dennis (UK) - April 2015
音乐: Garden Party (feat. Don Henley & Timothy B. Schmit) - John Fogerty : (Album: The Blue Ridge Rangers Rides Again)



Also: Adapted for Partners 'Please Yourselves' by Andrew Palmer and Sheila Palmer

Count in: 16 counts (begin on vocals)

[1 – 8] □ Forward, Touch, Back, Hook, Forward-Together-Forward, Brush

- 1 – 2 Step R Forward, Touch L behind R
- 3 – 4 Step L Back, Hook R foot over L knee
- 5 – 6 Step R Forward, Step L next to R
- 7 – 8 Step R Forward, Brush L next to R

[9 – 16] □ Forward, Touch, Back, Hook, Forward-Together-Forward, Brush

- 1 – 2 Step L Forward, Touch R behind L
- 3 – 4 Step R Back, Hook L foot over R knee
- 5 – 6 Step L Forward, Step R next to L
- 7 – 8 Step L Forward, Brush R next to L

[17 – 24] Side, Touch, ¼ Turn Side, Touch, Side, Touch, Side, Touch

- 1 – 2 Step R to R side, Touch L toe next to R
- 3 – 4 Step L to L side turning a ¼ turn left, Touch R toe next to L
- 5 – 6 Step R to R side, Touch L toe next to R
- 7 – 8 Step L to L side, Touch R toe next to L

[25 – 36] Side-Close-Side, Diagonal Kick, Side-Close-Side, Diagonal Kick

- 1 – 2 Step R to R side, Close L next to R
- 3 – 4 Step R to R side, Kick L diagonally across R
- 5 – 6 Step L to L side, Close R next to L
- 7 – 8 Step L to L side, Kick R diagonally across L