

# Please Yourselfs (P)

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 0      级数: Beginner Partner  
编舞者: Andrew Palmer (UK) & Sheila Palmer (UK) - April 2015  
音乐: Garden Party (feat. Don Henley & Timothy B. Schmit) - John Fogerty : (CD: The Blue Ridge Rangers Ride Again)



(Adapted From the line-dance "Please Yourself" by: Richard Palmer, Lorna Dennis & Dee Musk)

#16 count introduction. Start on vocals.

Start in side-by-side holding inside hands. Same footwork throughout

**Forward Right. Touch. Back Left. Hook. Step-Lock-Step. Hold.**

1-4                Step forward Right, Touch Left beside Right, Step back Left, Hook Right across Left.  
5-8                Step forward Right, Lock Left behind Right heel, Step forward Right, Hold.

**Forward Left. Touch. Back Right. Hook. Step-Lock-Step. Hold.**

9-12              Step forward Left, Touch Right beside Left, Step back Right, Hook Left across Right.  
13-16             Step forward Left, Lock Right behind Left heel, Step forward Left, Hold

**Diagonal Right. Touch. Diagonal Left. Touch. Diagonal Right. Touch. Diagonal Left. Touch.**

17-20            Step diagonally forward right, Touch left beside right, Step diagonally forward left, Touch Right beside Left.  
21-24            Step diagonally forward right, Touch left beside right, Step diagonally forward left, Touch Right beside Left.

**Shuffle Forward Right. Scuff Left. Shuffle Forward Left. Scuff Right.**

25-28            Step forward Right, Slide Left beside Right, Step forward Right, Scuff Left.  
29-32            Step forward Left, Slide Right beside Left, Step forward Left, Scuff Right.