Everybody Get Up (a.k.a Blurred Lines)



拍数: 32 墙数: 4 级数: Easy Intermediate

编舞者: Helena Davies (UK) - August 2013

音乐: Blurred Lines (feat. T.I. & Pharrell) - Robin Thicke



Intro: 32 counts...

[1-8]□Step-Touch X3, Tap R X3:

1-2	Step L fwd to L corner, Tap R beside L
3-4	Step R back to R corner, Tap L beside R
5-6	Step L back to L corner, Tap R beside L

7&8 Tap R to R side, Tap R beside L, Tap R to R side

[9-16] □R Sailor, L Sailor 1/4 Turn L, Hip Bumps:

1&2	R sailor
IXZ	r Saliul

3&4 L Sailor 1/4 turn L (9)

5&6 Step R fwd - leaning slightly fwd bumping hips fwd-back-fwd

7&8 Leaning slightly back - bump hips back-fwd-back

[17-24] Fwd Step-Lock X2, Pivot 1/2 Turn R & Hitch, R Coaster:

1-2	Step R fwd, Lock-step L behind R
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3&4	Step R fwd, Lock-step L behind R, Step R fwd
5-6	Step L fwd, Pivot 1/2 turn R while hitching R knee (3)
7&8	Step R back, Close L to R, Cross-step R over L

[25-32] Chasse L, R Sailor, Behind-side-cross, Step-Drag:

1&2	Stanl	to I	ahia	Close R to L	Stanl	to I	chia
10/	Sieni	101	Side	Close R to L	Sieni	101	Side

3&4 R Sailor-step

Step L behind R, Step R to R side, Cross-step L over R
Step R long-step to R side, Drag L towards R and touch

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