Quicksand

1 - 3

4 & 5

7 & 8

1 - 2

3 & 4

5 - 6

7 & 8

1 - 2

3 & 4

5 - 6

7 & 8

1 & 2

3 & 4

5 - 67 & 8

& 1

&3-4

5 & 6 7 - 8

1-2&

3 - 4

5 & 6

7 - 8

1 & 2

3 & 4

5 - 6

7 & 8

1 - 2

3 - 4

Rock R fwd, Recover on L

Rock R to R side, Recover on L

2

6



拍数: 64 墙数: 4 级数: Intermediate 编舞者: Francien Sittrop (NL) - April 2015 音乐: Quicksand - Caro Emerald Intro: Start after 16 Counts [1 – 8]□Side, Rock Back, Recover, Kick Ball Cross, Side, Behind, Side, Cross Step L to L side, Rock R back, Recover on L Kick R fwd, Step R down, Step L across R Step R to R side Step L behind R, Step R to R side, Step L across R [9-16] ☐ Rock Back, Recover, Behind, ¼ Turn L, Step fwd, Rock fwd, Recover, Coaster Cross Rock R to R side, Recover on L Step R behind L, 1/4 Turn L step L fwd, Step R fwd (09.00) Rock L fwd, Recover on R Step L back, Step R next to L, Step L across R [17-24]□Side, Together, Side Shuffle, Cross Rock, Recover, Shuffle ¼ Turn L Step R to R side, Step L next to R Step R to R side, Step L next to R, Step R to R side Rock L across R, Recover on R L step L fwd, Step R next to L, 1/4 Turn Step L fwd (06.00) [25-32] Shuffle ½ Turn L x2, Rock fwd, Recover, Coaster Cross 1/4 Turn L step R to R side, Step L next to R, 1/4 Turn L step R back 1/4 Turn L step L to L side, Step R next to L, 1/4 Turn L step L fwd (06.00) Rock R fwd, Recover on L Step R back, Step L next to R, Step R across L [33-40]□Back, Heel fwd, Hold, Ball Cross, Side, Sailor step ¼ Turn L, Skates R-L Step L back, Touch R heel fwd Hold (while you lean your body diagonally L back) Step R next to L, Step L across R, Step R to R side Sweep L behind R with 1/4 Turn L, Step R next to L, Step L fwd (03.00) Skate R fwd, Skate L fwd [41-48] Syncopated Jazz Box ¼ Turn R, Behind, Side, Cross, ¼ Turn R, Touch Step R across L, ¼ Turn R step L back, Step R next to L (06.00) Step L across R, Step R to R side Step L behind R, Step R to R side, Step L across R 1/4 Turn R step R fwd, Touch L behind R (09.00) **R** [49-56]□Lock steps back x2, Full Turn L with 2 walks and Shuffle Step L back, Lock R in front of L, Step L back Step R back, Lock L in front of R, Step R back 1/4 Turn L step L to L side, 1/4 Turn L step R fwd 1/4 Turn L step L to L side, Step R next to L, 1/4 Turn L step L fwd (09.00) [57-64] Rock fwd, Recover, Rock Side, Recover, Behind, Side, Cross, Touch, Flick

5 & 6 Step R behind L, Step L to L side, Step R across L

7 – 8 Touch L to L side, Flick L behind R

Restart : During wall 2 & 4 after count 48 Start again with count 1

Tag: after wall 5

1 - 8 Side, Rock back, Recover x2, Touch, Flick
1 - 3 Step L to L side, Rock R back, Recover on L
4 - 6 Step R to R side, Rock L back, Recover on R
7 - 8 Touch L to L side, Flick L behind R

Ending: Last Wall starts on the back. Dance until count 44 (Syncopated Jazzbox).

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