

Blurred Lines

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Norma Nocera - April 2015
音乐: Blurred Lines (feat. T.I. & Pharrell) - Robin Thicke



Music Option: "Weird Al" Yankovic - Word Crimes

Start: 32 counts – No Tags, No Restarts

[1 - 8] TUSH PUSH: RIGHT, LEFT, RIGHT HEEL AND CLAP. BUMP HIPS: RIGHT 2X, BUMP HIPS LEFT 2X

1&2& Touch R heel forward, step R next to L, touch L heel forward, step L next to R
3-4 Touch R heel forward, clap
5-6 Bump hips right 2X forward
7-8 Bump hips left 2X back

[9 – 16] BUMP HIPS: RIGHT, LEFT, RIGHT, LEFT. SHUFFLE FORWARD RIGHT, LEFT FORWARD ROCK

1-2 Bump hips right, bump hips left
3-4 Bump hips right, bump hips left
5&6 Step forward on R, step L next to R, step forward on R
7- 8 Rock L forward, recover on R

[17-24] LEFT SHUFFLE BACK, RIGHT ROCK BACK, SHUFFLE FORWARD RIGHT, STEP PIVOT RIGHT ½ TURN

1&2 Step back on L, step R next to L, step back on L
3-4 Rock back on R, recover on L
5&6 Step forward on R, step L next to R, step forward on R
7-8 Step forward on L, making ½ pivot turn on your right

[25-32] SHUFFLE BACK ½ RIGHT TURN, RIGHT ROCK BACK, ¼ RIGHT TURN JAZZ BOX

1&2 L shuffle back, making ½ turn to your right
3-4 Rock back on R, recover on L
5-6 Cross R over L, turn ¼ R step L back
7-8 Step R side, then L next to R

START AGAIN

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