

Fall

拍数: 40 墙数: 4
编舞者: Noel Roos (SA) - May 2015
音乐: Fall - Ed Sheeran

级数: Easy Intermediate NC



#16 Count Introduction - 2 Restarts End Of Walls 2 And 4

Section 1: Basic Nc Left, Basic Nc Right, ¼ Turn Left, Pivot ½ Turn Left, Step Forward

- 1-2& Step Left To Side, Step R Beside Left, Step L Across R
- 3-4& Step R To Side, Step L Besides R, Step R Across L
- 5-8 ¼ Left Stepping Forward On L, Step Forward R And Pivot ½ Turn Left, Step Forward On R (3 O'clock)

Section 2: Rock, Recover, Rock, Recover, Behind, Side, Cross, Sway X4

- 1&2& Rock Forward On L, Recover, Rock L To Side, Recover
- 3&4 Step L Behind R, Step R To Side, Step L Across R
- 5-8 Step R To Side And Sway R, L, R, L

Section 3: ¾ Rolling Vine, Rock, Recover, ½ Reverse Turn, Rock, Recover

- 1-3 ¼ Turn Right Stepping Forward On R, ½ R Stepping Back On L, Step Back On R (12 O'clock)
- 4& Rock Back On L, Recover
- 5-7 Step Forward On L, ½ Turn Left Stepping Back On R, Step Back On L (6 O'clock)
- 8& Rock Back On R, Recover

Section 4: Basic Nc Right, Basic Nc Left, Step Sweep ¾ Turn, Back, Back, Rock, Recover

- 1-2& Step R To Side, Step L Beside R, Step R Across L
- 3-4& Step L To Side, Step R Beside L, Step L Across R
- 5-6 Step R To Side Sweeping L Around And Making A ¾ Turn Right Keeping Weight On The R Foot (3 O'clock)
- 7&8& Step Back L, R, Rock Back On L, Recover

**** Restart At This Point On Walls 2 And 4****

Section 5: Night Club Diamond

- 1-2& Step L To Side, Walk R, L Diagonally Forward (1:30)
- 3-4& Straightening Out (12 O'clock) Step R To Side, Walk L, R Diagonally Back (10:30)
- 5-6& Straightening Out (9 O'clock) Step L To Side, Walk R, L Diagonally Forward (7:30)
- 7-8& Straightening Out (6 O'clock) Step R To Side, Walk L, R Diagonally Back (4:30)

Straighten Out To 3 O'clock And Start Again

Dedicated To Love And Gratitude