

Walking In The Rain (雨中漫步) (zh)

COPPER KNOB
BY STEPHEN METZ

拍数: 64 墙数: 4 级数: Improver
编舞者: Maggie Gallagher (UK) - 2010年01月
音乐: Walking In the Rain - Alex Swings Oscar Sings! : (CD: Heart 4 Sale)



前奏 : Intro: 16 counts (7 secs) (Dance moves CW)

第一段 Chasse Right, Rock Back, Recover, Chasse Left, Rock Back 右追步, 後下沉 回復, 左追步, 後下沉 回復

- 1&2 step right to right side, step left next to right, step right to right side [12.00] 右足右踏, 左足併踏, 右足右踏(面向12點鐘)
- 3-4 rock back on left, recover on right
左足後下沉, 右足回復
- 5&6 step left to left side, step right next to left, step left to left side 左足左踏, 右足併踏, 左足左踏
- 7-8 rock back on right, recover on left [12.00]
右足後下沉, 左足回復(面向12點鐘)

第二段 Step, Scuff, Step, Scuff, Right Jazz Box With A Touch 踏, 擦踢, 踏, 擦踢, 爵士方塊帶點

- 1-2 Step Forward on right, Scuff left forward
右足前踏, 左足前擦踢
- 3-4 Step forward on left, Scuff right forward
左足前踏, 右足前擦踢
- 5-6 Cross right over left, Step back on left
右足於左足前交叉踏, 左足後踏
- 7-8 Step to right side, Touch left beside right [12.00]
右足右踏, 左足併點(面向12點鐘)

第三段 Big Step To Left, Drag, Rock Back, Rock Forward, Side, Cross Behind, 1/4 Right, Step 左大步, 拖併, 後下沉 回復, 側, 後交叉, 1/4, 踏

- 1-2 big step to left side, dragging right to meet left [12.00]
左足左一大步, 右足拖併(面向12點鐘)
- 3-4 rock back on right, rock forward on left
右足後下沉, 左足回復
- 5-6 step to right side, cross left behind right,
右足右踏, 左足於右足後交叉踏
- 7-8 quarter turn right stepping forward on right, step forward left [3.00]
右轉90度右足前踏, 左足前踏(面向3點鐘)

第四段 Half Pivot Right, Quarter Vine Crossing Toe Strut, Back Toe Strut 1/2, 1/4藤步 交叉趾踵, 後趾踵

- 1-2 pivot half right, quarter turn right stepping left to left side [12.00]
右軸轉180度, 右轉90度左足左踏
- 3-4 cross right behind left, step left to left side
右足於左足後交叉踏, 左足左踏
- 5-6 cross right toe over left, drop right heel
右足趾於左足前交叉點, 右足踵踏
- 7-8 touch left toe back, drop left heel [12.00]
左足趾後點, 左足踵踏(面向12點鐘)

第五段 Side Rocks- Right, Left, Right, Cross Left, Side Rock, Recover, Cross, Hold 右下沉 回復, 右下沉, 交叉, 右下沉 回復, 交叉, 候

1-2 Rock to the right side, Recover to left side
右足右下沉, 左足回復

3-4 Rock to right side, cross left over right
右足右下沉, 左足於右足前交叉下沉

5-6 rock right to right side, recover on left
右足右下沉, 左足回復

7-8 cross right over left, HOLD [12.00]
右足於左足前交叉踏, 候(面向12點鐘)

第六段 Side Rock Quarter Turn Walk Left, Hold, Walk Right Hold
側下沉 1/4走, 候, 走, 候

1-2 rock left to left side, quarter turn right walk forward on right [3.00]
左足左下沉, 右轉90度右足前走(面向3點鐘)

3-4 walk forward on left hold 左足前走, 候

5-6 walk forward on right, hold, 右足前走, 候

7-8 walk forward on left, hold 左足前走, 候

第七段 Right Shuffle Forward, Rock, Recover, Left Shuffle Back, Rock Back, Recover 前交換, 下沉 回復, 後交換, 後下沉 回復

1&2 step forward on right, step left next to right, step forward on left
右足前踏, 左足併踏, 左足前踏

3-4 rock forward on left, recover on right
左足前下沉, 右足回復

5&6 step back on left, step right next to left, step back on left
左足後踏, 右足併踏, 左足後踏

7-8 rock back on right, recover on left [3.00]
右足後下沉, 左足回復(面向3點鐘)

第八段 Monterey Half Turn Right, Monterey Half Turn Right
蒙特瑞轉 二次

1-2 point right to right side, half turn right stepping right next to left [9.00] 右足右點, 右轉180度右足併踏(面向9點鐘)

3-4 point left to left side, step left next to right
左足左點, 左足併踏

5-6 point right to right side, half turn right stepping right next to left [3.00] 右足右點, 右轉180度右足併踏(面向3點鐘)

7-8 point left to left side, step left next to right [3.00]
左足左點, 左足併踏(面向3點鐘)

TAG: AT THE END OF WALL 2 (facing back wall) and WALL 4 (facing front wall)
加拍: 第二面牆(面向後面牆), 第四面牆(面向前面牆)

1-2 big step to right side, drag left to meet right
右足右一大步, 左足拖併

3-4 rock back on left, rock forward on right
左足後下沉, 右足回復

5-6 big step to left side, drag right to meet left
左足左一大步, 右足拖併

7-8 rock back on right, rock forward on left
右足後下沉, 左足回復
