Perfect Day



编舞者: Sheila Allen (UK) - May 2015

音乐: Perfect Day - Lady A



#16 Count intro after heavy beat

Sec 1: Side Close Side ½ Turn, Side Close Side ½ Turn, Side Close Side ½ Turn, Coaster Step

1 & 2	Step right to right, close left to right, step right to right, ½ turn right
3 & 4	Step left to left, close right to left, step left to left, ½ turn left

5 & 6 Step right to right, close left to right, step right to right, ½ turn right

7 & 8 Step back on left, bring right next to left, step forward left

Sec 2: Step Forward Right ½ Turn Left, Right shuffle forward, Heel Switches Left & Right, & Step Forward Left ¼ Turn Right Touch.

1-2 Step forward right ½ turn left

3&4 Right shuffle forward5&6 Heel switches left & right

&7-8 Bring right back to place, step forward on left ¼ turn right touch.

Restart here walls 2 & 5

Sec 3: Right Sailor Step, Left Sailor Step, Touch Behind Unwind Full Turn, Left Shuffle Forward.

1&2	Cross right behind left, step left to left, step right to right
3&4	Cross left behind right, step right to right, step left to left
5-6	Right toe behind left full turn right (keep weight on right foot)

7&8 Left shuffle forward.

Sec 4: Cross Side Behind Side Heel & Cross Step Back, Back Touch.

1-2 Cross right over left step left to left

3&4 Right behind left, left to left right heel forward

&5-6 Bring right back to place cross left over right step right slighty back

7-8 Step back left and touch right next to left

Submitted by: Caroline Cooper - coolcoopers@yahoo.com

^{*} TWO RESTARTS during wall 2 and 5 both at the end of section 2 after 16 counts