Quotations from chairman Mao (Chinese Red Dance)



拍数: 80 墙数: 2 级数: Intermediate

编舞者: Flat Guo (CN) & Yanzi Zhang (CN) - May 2015

音乐: Quotations from chairman Mao (DJ



Intro: 32 counts - Sequence: A(32)A(32)B/AB/A(32)A(32)B/AA/Tag/B

Part A: 48 Counts

A(1-8)Rock back, Recover, Kick ball change, Walk forward, Kick ball change

1-2 Rock R back, Recover on L

3&4 Kick R forward, Step R together, Step L forward

5-6 Walk forward R,L

7&8 Kick R forward, Step R together, Step L forward

A(9-16) Rock back, Recover, 1/2 turn Shuffle, 1/2 turn back shuffle, Rock back, Recover

1-2 Rock R back, Recover on L

3&4
 1/2 turn R stepping R forward, Step L Lock R, Step R forward(6:00)
 5&6
 1/2 turn R stepping L back, Step R lock forward, Step L back(12:00)

7-8 Rock R back, Recover on L

A(17-24)Cross, Side, 1/8 turn R with Coast step, Cross, 1/8 turn L, 1/8 turn L with Coast step

1-2 Step R cross over L, Step L to L

3&4 1/8 turn R Stepping R back, Step L together, Step R forward(1:30)

5-6 Cross L over R, 1/8 turn L stepping R to R(12:00)

7&8 1/8 turn L Stepping L back, Step R together, Step L forward(10:30)

A(25-32)Cross, Triple turn R, Rock, Recover, Triple full turn R

1-2 Cross R over L, 1/2 turn R stepping L back (6:00)

3&4 1/2 turn R stepping R forward(12:00), Step L Lock R, Step R forward

5-6 Rock L forward, Recover on R

7&8 1/2 turn L Stepping R forward ,Step L together, Step R forward(6:00)

A(33-40)Cross, Touch toe with straight leg, Back, Side, Cross, Touch toe with straight leg, Back, Side

1-2 Cross R over L, Touch L toe behind R with straight L leg

3-4 Step L back, Step R to R

5-6 Cross L over R, Touch R toe behind L with straight R leg

7-8 Step R back, Step L to L

A(41-48)1/4 turn L, Hold, Forward, 1/2 Pivot turn, Forward, Hold, Forward, 1/4 pivot turn

1-2 1/4 turn L Stepping R forward, Hold(3:00)
3-4 Step L forward, 1/4 pivot turn R(6:00)
5-6 1/4 turn R Stepping L forward, Hold(9:00)
7-8 Step R forward, 1/4 Pivot turn L(6:00)

Part B (32 Counts):

B(1-8)Chasse, Rock, Recover, Chasse, Rock, Recover

1&2	Step R to R, Step L together, Step R to R
IXZ	
3-4	Rock L cross behind R, Recover on R
5&6	Step L to L, Step R together, Step L to L
7-8	Rock R cross behind L, Recover on L

B(9-16) Kick, Kick, R coaster step, Kick, Kick, L coaster step 1-2 Kick R cross over L, Kick R forward diagonal R 3&4 Step R back, Step L together, Step R forward 5-6 Kick L cross over R, Kick L forward diagonal L 7&8 Step L back, Step R together, Step L forward

B(17-24)Forward, pivot 1/2 turn R, Forward, Forward, Rock chair step

1-2 Step R forward, Step L forward with pivot 1/2 turn R(6:00)

3-4 Step R forward, Step L forward

5-6-7-8 Rock R forward, Recover on L , Rock R back, Recover on L

B(25-32)Cross, Point, Cross, Point, Kick, Hold, Forward, Pivot 1/2 turn

1-2 Cross R over L, Point L to L side3-4 Cross L over R, Point R to T side

5-6 Kick R forward, Hold

7-8 Step R forward, 1/2 pivot turn L (12:00))

Tag(24 Counts):

C(1-8):Cross, Hold, Rock, Recover, Cross, Hold, Rock, Recover,

1-2-3-4 Cross R over L, Hold, Rock L to L, Recover on R5-6-7-8 Cross L over R, Hold, Rock R to R, Recover on L

C(9-16) Stomp in place

1-2-3-4 Stomp in place R,L,R,L

5-6-7-8 Stomp like 1-4

C(17-24): Jazz Box, Kick Forward, Step Down, Kick Forward, Step Down

1-2-3-4 Cross R over L, Recover on L, Step R to R, Cross L over R 5-6-7-8 Kick R forward, Step R down, Kick L forward, Step L down

Have fun!

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