Three Times A Lady

拍数: 48	墙数: 4	级数: Improver

编舞者: Pauline Greenwood (AUS) - April 2015

音乐: Three Times a Lady - The Commodores : (Album: The Definitive Collection - 3:39)

Position: Feet Together Weight On Right Foot. - Slow Waltz Time
#6 Count Intro. - Dance Starts On The Word 'Thanks' - Clockwise Rotation

[1 - 6] CROSS, BACK, SIDE, CROSS, BACK, SIDE.
1 2 3   Step L across R, Step R back, Step L to L side,
4 5 6   Step R across L, Step L back, Step R to R side,

[6 - 12] CROSS, BACK, SIDE, CROSS UNWIND HALF, TOGETHER, REPLACE.
1 2 3   Step L across R, Step R back, Step L to L side,
4 5 6   Step R across L and unwind 1/2L, Step L beside R, Replace weight on R together.

[13 - 18] WALTZ FORWARD, WALTZ BACK.
1 2 3   Step L forward, Step R beside L, Replace weight on L together.
4 5 6   Step R back, Step L beside R, Replace weight onto R together. **

[19 - 24] CROSS, SIDE, BEHIND, SIDE ROCK, BEHIND.
1 2 3   Step L across R, Step R to R side, Step L behind R,
4 5 6   Step R to R side, Rock replace weight on L, Step R behind L.

[25 - 30] QUARTER FORWARD, TOGETHER, REPLACE, QUARTER BACK, QUARTER ROCK, TOGETHER.
1 2 3   Turn 1/4L stepping L forward, Step R beside L, Replace weight on L, (9.00)
4 5 6   Turn 1/4R stepping R to R side, Turn 1/4L rocking weight on to L, Step R beside L.

[31 - 36] FORWARD, TOGETHER, REPLACE, QUARTER BACK, QUARTER ROCK, TOGETHER.
1 2 3   Step L forward, Step R beside L, Replace weight on L,
4 5 6   Turn 1/4R stepping R to R side, Turn 1/4L rocking weight on to L, Step R beside L.

[37 - 42] WALTZ BACK, HALF TURN WALTZ.
1 2 3   Step L back, Step R beside L, Replace weight on L together,
4 5 6   Step R back, Turn 1/2L stepping L forward, Replace R beside L. (3.00)

[43 - 48] SIDE, BACK, ROCK, SIDE, BACK, ROCK
1 2 3   Step L to L side, Step R behind L. Rock replace weight on L.
4 5 6   Step R to R side, Step L behind R Rock replace weight on to R.

TAG: At the end of Wall 1 (3.00) and Wall 5 (6.00) there is a 3 count tag.
1 2 3   Step L forward, Drag R to L for 2 counts taking weight on R.

RESTART ** Wall 3 Dance to count 18, then Restart Wall 4 to the front.

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