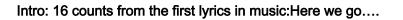
Feel The Light

拍数: 32

级数: High Intermediate - Smooth NC2S

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音乐: Feel the Light - Jennifer Lopez : (Album: Home Soundtrack)



[1 – 8] INIGHTCLUB BASIC, FULL TURN, STEP, SWAY (2X), STEP, CROSS, I

- 1 2& Step R to right side (1), Step L just behind R (2), Cross R over L (&) 12:00
- 3 4& Turn $\frac{1}{4}$ to the R and step L backwards (3), Turn $\frac{1}{2}$ to the R and step R forward (4) Turn $\frac{1}{2}$ to the R and step L backwards (&) \Box 3:00
- 5 6 Turn $\frac{1}{4}$ to the R and Step R to right side (5), Sway to the left (6) Sway to the right (&) \Box 6:00
- 7 8& Step L to left side (7), Cross R over L (8), Step L to left side (&) 6:00

[9 – 16]□CROSS, HITCH, STEP DIAGONAL, STEP, FULL TURN, ROCKING CHAIR ½ TURN,(2X) □

- 1 2& Cross R behind L and Hitch L knee (1), Cross L behind R (2) Step R diagonally forward (&) 17:30
- 3 4& Step L forward (3), Turn ½ to the L and step R backwards (4), Turn ½ to the L and step L forward (&) [7:30]
- 5 6& Rock R forward (5), Recover back on L (6) Turn ½ to the R and Step R forward (&) 1:30
- 7 8& Rock L forward (7), Recover back on R (8), Turn ½ to the L and Step L forward (&) 7:30

[17 – 24]□TURN 5/8, SWEEP, CROSS, STEP, DIAGONAL, LOCKSTEP, WALK AROUND, FULL TURN□

- 3 4& Step L diagonal to R (3) Step R forward (4) Lock R behind L□1:30
- 5 6 Turn 1/8 to the R and Step R forward (5), Turn 1/4 to the R and Step L forward (6), \Box 9:00
- 7 8& Turn 1/4 to the R and Step R forward (7) Turn ½ to the R and Step L backwards (8), Turn ½ to the R and step R forward (&)□12:00

[25 – 32] STEP, CROSS, ¼ TURN, ROCK, WALK BACKWARDS, SWEEP (2X), ROCK, TURN 1/2,

- 1 2& Step L to left side (1) Cross R behind L (2) Turn ¼ to the L and Step L forward (&) 12:00
- 3 4& Rock R forward (3) Recover back on L (4) Step R backwards (&) 9:00
- 7 8 & Rock L backwards (7) Recover back on R (8) Turn ½ to the R and Step L next to R (&) 3:00

Start again!□





墙数:4