

Who U Love (愛你所愛) (zh)

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
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音乐: Can't Help Who You Love - Jennifer Hudson



前奏: Starts After 12 Counts. 12拍後起跳

第一段 Step, Step, 1/2, Step, 1/2, 1/4. 踏, 踏 轉, 踏 轉 1/4

- 1-3 Step forward on Left, step forward on Right, pivot 1/2 turn to Left.
左足前踏, 右足前踏, 左軸轉180度(面向6點鐘)
- 4-6 Step forward on Right, make 1/2 turn to Right stepping back on Left, 1/4 turn to Right stepping Right to Right side.
右足前踏, 右轉180度左足後踏, 右轉90度右足右踏(面向3點鐘)

第二段 1/8 Rock Step Together, 1/2, 1/2, Back. 1/8下沉 回復 併, 1/2 1/2 後

- 1-3 Turning 1/8 to Right rock forward on Left, recover on Right, step Left next to Right. (4:30)
右轉45度左足前下沉, 右足回復, 左足併踏(面向4:30)
- 4-6 Make 1/2 turn to Right stepping forward on Right, 1/2 turn to Right stepping back on Left, step back on Right. (4:30)
右轉180度右足前踏, 右轉180度左足後踏, 右足後踏(面向4:30)

第三段 Back Together Step, Step, 1/2, 1/8. 後 併 踏, 踏 轉 1/8

- 1-3 Step back on Left, step Right next to Left, step forward on Left.
左足後踏, 右足併踏, 左足前踏
- 4-6 Step forward on Right, make 1/2 turn to Right stepping back on Left, 1/8 turn to Right stepping Right to Right side. (12:00)
右足前踏, 右轉180度左足後踏, 右轉45度右足右踏(面向12點鐘)

第四段 Rock Step 1/4, 1/2, 1/2, Step. 下沉 回復1/4, 1/2 1/2 踏

- 1-3 Cross rock Left over Right, recover on Right, make 1/4 turn Left stepping forward on Left.
左足於右足前交叉下沉, 右足回復, 左轉45度左足前踏
- 4-6 Make 1/2 turn to Left stepping back on Right, 1/2 turn Left stepping forward on Left, step forward on Right.
左轉180度右足後踏, 左轉180度左足前踏, 右足前踏

****R** RESTART: Wall 2. Dance Up To & Including Count 24 Then Restart From Count 1.**
第二面牆跳至此, 從頭起跳

第五段 Step, Point, Hold, 3/4 Rock Step. 踏, 點, 候, 3/4 下沉 回復

- 1-3 Step forward on Left, point Right to Right side, Hold.
左足前踏, 右足右點, 候
- 4-6 Make 3/4 turn to Right stepping Right next to Left, rock to Left side on Left, recover on Right.
右轉270度右足併踏, 左足左下沉, 右足回復

第六段 Rock Step Side, Rock Step 1/4. 下沉 回復 側踏, 下沉 回復 1/4

- 1-3 Cross rock Left over Right, recover on Right, step Left to Left side.
左足於右足前交叉下沉, 右足回復, 左足左踏
- 4-6 Cross rock Right over Left, recover on Left, make 1/4 turn Right stepping forward Right.
右足於左足前交叉下沉, 左足回復, 右轉90度右足前踏

第七段 Left Twinkle, Right Twinkle 1/2 左華士步, 右華士步轉

- 1-3 Make 1/8 turn to Right (10:30) stepping forward on Left, 1/4 to Left (7:30) stepping Right next to Left, step Left next to Right.
右轉45度左足前踏(10:30), 左轉45度右足併踏(7:30), 左足併踏
- 4-6 Step forward on Right, make 3/8 turn to Right (12:00) stepping Left next to Right, 1/4 turn to Right (3:00) stepping Right to Right side.
右足前踏, 右轉270度左足併踏(12:00), 右轉45度右足右踏(3:00)

第八段 Left Twinkle, Right Twinkle 1/2. (Diamond Shaped)
左華士步, 右華士步轉(菱形步)

- 1-3 Make 1/8 turn to Right (4:30) stepping forward on Left, 1/4 to Left (1:30) stepping Right next to Left, step Left next to Right.
右轉45度左足前踏(4:30), 左轉45度右足併踏(1:30), 左足併踏
- 4-6 Step forward on Right, make 3/8 turn to Right (6:00) stepping Left next to Right, 1/4 Turn to Right (9:00) stepping Right to Right side.
右足前踏, 右轉270度左足併踏(6:00), 右轉45度右足右踏(9:00)

TAG: 12 Counts At END Of Wall 3. 加拍:第三面牆結束後加12拍

- 1-3 Step forward on Left, step Right next to Left, step Left next to Right. 左足前踏, 右足併踏, 左足併踏
- 4-6 Step back on Right, make 1/2 turn to Left stepping forward Left, step Right next to Left. 右足後踏, 左轉180度左足前踏, 右足併踏
- 1-3 Step forward on Left, step Right next to Left, step Left next to Right.
左足前踏, 右足併踏, 左足併踏
- 4-6 Step back on Right, make 1/2 turn to Left stepping forward Left, step Right next to Left. 右足後踏, 左轉180度左足前踏, 右足併踏
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