Bird On A Wire

拍数: 48

级数: Intermediate waltz

编舞者: Heather Barton (SCO) - May 2015

音乐: Bird On a Wire - Katey Sagal & The Forest Rangers : (Album: Sons Of Anarchy iTunes)

Intro... 48 count approx. Start on vocals... see note at bottom...

[1–6] Cross L. ¼ Left. ½ Left. Basic R Forward

- 1-2-3 Cross Left over Right, 1/4 left step back Right, 1/2 left stepping fwd Left
- 4-5-6 Step fwd Right, step Left next to Right, step Right together [3 o'c]

[7–12] Basic L Back Diagonal Left, Basic R Forward Diagonal Left

- 1-2-3 1/8 turn to left corner stepping back left, step Right next to Left, step Left together [1 o'c]
- 4-5-6 1/4 turn left step fwd on Right, step Left next to Right, step Right together [11 o'c)

[13-18] Step Back Left, 3/8 Turn Left Point R to Side, Hold, 1 & ¼ Turn Right,

- Step Left back, 3/8 turn left on ball of Left foot, point Right to right side, hold [6 o'c] ******* 1-2-3
- 1/4 right step fwd on Right, 1/2 right step back on Left, 1/2 right step fwd on Right [9 o'c] 4-5-6

[19-24] Lunge Left Fwd Recover Step, Basic Back R

- 1-2-3 Lunge fwd on Left, recover to Right, step Left next to Right
- Step back on Right, step Left next to Right, step right together [9 o'c] 4-5-6

[25-30] Travelling Fwd Slightly, Cross Step L, Side Rock R, Cross Step R, Side Rock L

- Cross Left over Right, side rock Right, recover to Left 1-2-3
- 4-5-6 Cross Right over Left, side rock Left, recover to Right [9 o'c]

[31-36] Sweep Left ½ Sailor Left, Step Fwd Right, Point Left, Hold

- 1-2-3 Sweeping Left behind right 1/2 turn left, step Left behind Right, Step Right to Right, Step Left to left
- 4-5-6 Step fwd on Right, point Left to left, hold [3 o'c]

[37-42] Behind side cross, Step Right, Drag Left, Touch,

- 1-2-3 Step Left behind Right, step right to right, cross step Left over Right
- 4-5-6 Long step Right to right side, Drag Left to Right, Touch Left next to Right [3 o'c]

[43-48] 1/2 Left, 1/2 Left, Back, Basic R Back

- 1-2-3 1/4 left stepping fwd on Left, 1/2 left stepping back on Right, step Left next to Right
- 4-5-6 Step back on Right, Step Left next to Right, Step Right together [6 o'c]
- Happy Dancinghcbootleggers26@aol.com......07825046783 xxxx

The count in is bit difficult to hear its approx. 37sec ... Start on vocals LIKE A BIRD ...

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墙数: 2