

Forever

拍数: 64 墙数: 4 级数: Improver / Intermediate
编舞者: Fiona Murray (IRE), Roy Hadisubroto (IRE) & Raymond Sarlemijn (NL) - May 2015
音乐: Forever - Andy Grammer : (Album: Magazines or Novel)



OR: Forever (acoustic) by Andy Grammer from the Magazines or Novels Album

Intro: Start when Andy Grammer Sings after 32 counts on the normal Forever version

Start with the Forever (acoustic) version after 16 counts

Note: Repeat from count 49 till 64 after wall 4 on the normal Forever version

[1 – 8] □ Walk, Rocking chair (Forward, Side, Back) Side, Cross, ¼ Turn, Step □

- 1 - 2 Step R forward (1), Step L forward (2) □ 12:00
- 3 & 4 & Rock R forward (3), Recover back on L (&) Rock R to R side (4) Recover on L (&) □ 12:00
- 5 & 6 Rock R backwards (5), Recover on L (&), Step R to R side (6) □ 12:00
- 7 & 8 Cross L behind R (7), Turn ¼ R and Step R forward (&), Step L to L side (8) □ 3:00

[9 – 16] □ Knee Pops, Kick Ball Cross, Hip Push, Step □

- 1 & 2 Pop R knee in (1), Bring R knee forward (&) Pop L knee in (2) Bring L knee forward (&) □ 3:00
- 3 & 4 Kick R to R side (3) Step R on ball of R to R side (&) Cross L over R (4) □ 3:00
- 5 & 6 & Touch R to R side and Push R hip up to R side (5) Push hips to L side (&) Push R hip down to R side (6) Push hips to L side (&) □ 3:00
- 7 & 8 & Push R hip up to R side (7) Step R to R side (&) Step L to L side (8) □ 3:00

[17 – 24] □ Cross, Out, Out, Cross, Out, Out, Cross, Slide, Together, Hitch, Together, Hitch □

- 1 & 2 & Cross R over L (1), Step L diagonally backwards to the L (&) Step R to R side (2) Cross L over R (&) □ 3:00
- 3 & 4 Step R diagonally backwards to the R (3), Step L to L side (&) Cross R over L (4) □ 3:00
- 5 - 6 Slide R diagonally backwards to the L (5) Drag R towards L (6) □ 3:00
- 7 & 8 Turn ¼ to the L and Cross R behind L and Hitch L knee (7) Step L in front of R (&) Cross R behind L and Hitch L knee (8) □ 12:00

[25 -32] □ Step, ½ Turn, Step, Coasterstep, Syncopated Shorty George Walks, □

- 1 - 2 Step L forward (1), ½ Turn L and step R backwards (2) □ 6:00
- 3 & 4 Step L backwards (3) Step R next to L (&) Step R forward (4) □ 6:00
- 5 & 6 Step R forward and roll R knee out (5), Step L forward and roll L knee out (&), Step R forward and roll R knee out (6) □ 6:00
- 7 & 8 Step L forward and roll L knee out (7), Step R forward and roll R knee out (&) Step L forward and roll L knee out (8) □ 6:00

[33 – 40] □ Rock, Recover, Step, Flick, (4 x) □

- 1 & 2 Rock R in front of L (1) Recover on L (&) R step in place and Flick L backwards (2) □ 6:00
- 3 & 4 Rock L in front of R (3) Recover on R (&) L step in place and Flick R backwards (4) □ 6:00
- 5 & 6 Rock R in front of L (5) Recover on L (&) R step in place and Flick L backwards (6) □ 6:00
- 7 & 8 Rock L in front of R (7) Recover on R (&) L step in place and Flick R backwards (8) □ 6:00

[41 – 48] □ Touch, Turn 1/4, Step, Turn 1/4, Touch, Step, Toe, Heel, Cross, Toe, Heel Cross, □

- 1 - 2 Touch R forward (1) Turn ¼ L, Step R to R side (2) □ 6:00
- 3 - 4 Turn ¼ L and touch L forward (3), Step L forward (4) □ 12:00
- 5 & 6 Touch R toe next to L (5), Touch R heel in (&), Cross R in front of L (6) □ 12:00

7 & 8 Touch L toe next to R (7), Touch L heel in (&) Cross L in front of R (8) □ 12:00

[49 – 56] □ Side Touches, Hitch, Touch, Weight Change, Step, Sailor Step, □

1 & 2 & Touch R to R side (1), Step R next to L (&) Touch L to L side (2) Step L next to R (&) □ 12:00

3 & 4 Touch R to R side, (3), Hitch R knee (&) Touch R to R side (4) □ 12:00

5 & 6 Shift weight on R (5), Step L next to R (&) Step R to R side (6) □ 12:00

7 & 8 Cross L behind R (7), Step R to R side (&) Turn ¼ L and Step L forward (8) □ 9:00

[56 – 64] □ Walk Around, Together, Bounce 4x, □

1 - 2 Turn 1/8 L and Step R forward (1), Turn 1/8 L and Step L forward (2) □ 12:00

3 - 4 Turn 1/8 L and Step R forward (3), Turn 1/8 L and Step L forward (4) □ 3:00

5 - 6 Step R next to L and Bounce both knees forward (5), Bounce both knees forward (6) □ 3:00

7 - 8 Bounce both knees forward (7), Bounce both knees forward (8) □ 3:00

Note: after wall 4 repeat count 49 – 64 only normal version not the acoustic version

Have Fun!
