

Gone Already

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate / Advanced
编舞者: Yvonne Anderson (SCO) - May 2015
音乐: I'm Already Gone - Phil Vassar : (Album: American Child)



Notes: Start on vocal, no tags nor bridges, to finish facing forward simply unwind or sweep 1/2 turn right.
Thanks to Dave Anderson for suggesting this track and to Lindsay MacDonald for lending me her feet

(S1) □ NIGHT CLUB BASIC, STEP, ROCK-RECOVER- STEP BACK-SWEEP, BEHIND-1/4 LEFT, STEP, STEP-LOCK-STEP

1-2& Step L to left, Rock R behind left, (&) Step L across right [12]
3 Step R forward to right diagonal [1.30]
4&5& Rock L forward, (&) Recover weight on R, Step L back (long step), (&) Sweep R out & around [1.30]
6&7 Step R behind left, (&) 1/4 turn left stepping L forward, Step R forward squaring off [9]
8&1 Step L forward, (&) Lock R behind left, Step L forward [9]

(S2) □ STEP-PIVOT-STEP, 3/4 RIGHT-CROSS, WEAWE, UNWIND 3/4 RIGHT, 1/2 RIGHT, ROCK BACK

2&3 Step R forward, (&) 1/2 turn left, Step R forward [3]
4&5 1/2 turn right stepping L back, (&) 1/4 turn right stepping R to right, Step L across right [12]
&6&7 Step R to right, (&) Step L behind right, Step R to right, (&) Step L across right [12]
8&1 Unwind 3/4 turn right weight on R, (&) 1/2 turn right stepping L back, Rock R back (preparing for turn) [3]

(S3) □ RECOVER, FULL TURN LEFT, SWEEP 1/4, PRESSE, RELEASE-SWEEP, TURNING COASTER STEP, FULL TRIPLE TURN FORWARD

2&3 Recover weight on L, (&) 1/2 turn left stepping R back, 1/2 turn left stepping L forward [3]
4 Sweep 1/4 turn left and press R toes to floor (right knee is bent, left heel is raised, body is leaning forward weight is on R [12]
5 Push off from right and straighten body taking weight on L sweep right from front to back [12]

(Counts 4-5 feel like dropping into a curtsey and then pulling up tall)

6&7 Step R behind left, (&) 1/8 turn left stepping L to left diagonal, Step R forward [11.30]
8&1 Full triple turn right travelling forward to diagonal stepping L, R, L [11.30]

(Alt counts 8&1: Step L forward (&) Lock R behind left, Step L forward)

(S4) □ ROCK-RECOVER-STEP BACK, REVERSE LOCK STEP, PENCIL TURN RIGHT, STEP SIDE- CROSS ROCK-RECOVER

2&3 Rock R forward to right diagonal, (&) Recover weight on L, Step R back still facing diagonal [11.30]
4&5 Step L back, (&) Lock R across left, Step L back [11.30]
6& 1/2 turn right stepping R forward, (&) 3/8 right stepping L beside right (pencil turn) squaring off to wall [9]
7-8& Step R to right, Rock L across right, (&) Recover weight on R [9]

REPEAT

Last Update – 31st May 2015