

# Hit It Up!

**COPPER KNOB**  
STEPSHEETS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Shaz Walton (UK) & Kara-Leah Lightfoot (UK) - May 2015  
音乐: Show Me How You Burlesque - Christina Aguilera



## #64 count Intro

### S1: Side. Behind. Side. Rock. Recover. Rock. Side rock. Recover. 1/4. Full turn Right.

- 1&2      Step right to side, Cross left behind, step right to side
- 3&4      Cross rock left over right foot, Recover weight onto right, step left across right.
- 5&6      Rock Right foot out to side, Recover weight onto left making 1/4 turn left, Step right forward.
- 7&8      Rolling full turn forward Right stepping left, right, left.

### S2: Step. Brush. Step. Brush. Rock. Recover. Step back. Walk back x2. Sailor 1/4 left.

- 1&2&      Step forward right, brush left, Step forward left, brush right (SHIMMEY!)
- 3&4      Rock forward onto right, recover weight onto left, Step right foot back.
- 5-6      Step left foot back, Step right foot back
- 7&8      Sweep left behind right making 1/4 turn left, step right to side, step left to left side.

### S3: Jazz box. Toe. Heel. Step. Toe. Heel. Step.

- 1-2      Step right over left, step left foot back.
- 3-4      Step right to side, step left foot forward.
- 5&6      Touch right toe to left heel, touch right heel to left heel, step right foot forward.
- 7&8      Touch left toe to right heel, touch left heel to right heel, Step left foot forward.

### S4: Dip. Step. Chasse 1/4. Step. 1/2 Pivot. Triple R-L-R

- 1-2      Step right to side, (dip/shimmy shoulders) bring left next to right.
- 3&4      Step right to side, step left next to right, step right to side making 1/4 turn right.
- 5-6      Step left forward, Pivot 1/2 turn to right.
- 7&8      rolling triple turn forward Right, stepping Right, left, Right. (Dance ends here, make an additional 1/4 turn right & POSE! )

### S5: Stomp. Click x2. Hitch. Coaster step. Stomp. Click x2. Hitch. Sailor 1/4 left.

- 1&2&      Stomp right foot forward (no weight) Click fingers twice. Hitch right knee.
- 3&4      Step back right. Step back left. Step right forward.
- 5&6&      Stomp left foot forward (no weight) Click fingers twice. Hitch left knee.
- 7&8      Cross step left behind right making a 1/4 turn left. Step right to right. Step left to left. \*\*restart on wall 2 \*\*

### S6: Heel Grind. Walk back x2. Step. Step 1/2 pivot. 1/4 turn. Jump.

- 1-2      Dig right heel forward with toes pointing to left diagonal. Turn toes to right diagonal as you step left slightly □ back.
- 3-4      Step back right. Step back left.
- 5-6      Step forward right. Step forward left.
- 7-8      Make 1/2 pivot turn right. Make 1/4 turn right as you make a small jump with feet together.

### S7: Behind. Side. Cross. 1/4 right. Touch. Swivel right. Swivel left.

- 1&2      Cross step right behind left. Step left to left side. Cross step right over left.
- 3-4      Make 1/4 right stepping back left. touch right beside left. \*restart on wall 1 \*
- 5&6      Swivel heels - Right-Left-Right
- 7&8      Swivel heels - Left-Right-Left

### S8: Walk. Walk. 1/2 Pivot. Side. Cross. Back. Side. Cross. Touch.

1-2	Walk forward right. walk forward left.
3-4	Make 1/2 turn right. Step left to left side.
5-6	Cross step right over left. Step back on left.
&7-8	Step right to right side. Cross step left over right. Touch right beside left.

**Add loads of ATTITUDE... IT'S BURLESQUE!**

**Restarts –**

**Wall 1 after count 52**

**Wall 2 after count 40 (Both facing 12 O Clock. )**

**TAG- At the end of wall 5 facing the front- 4 count HOLD-**

**Or do something Burlesque x then start the dance again from the beginning. x**

**Contact: shaz5678@sky.com - 07762 410 190**

**Last Update – 11th June 2015**

---