As Love Is My Witness (愛情見證) (zh)



拍数: 48

墙数:4

级数: Intermediate

编舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - 2010年01月





- 第一段 1/2 L Balance Step, R Back, L Side Point, Hold 1/2轉華爾滋.後.點.候
- 1-3 Step L forward turning ¼ left, step R side, turning ¼ left step L back 左轉90度左足前踏,右足右踏,左轉90度左足後踏
- Step R back, point L toes to L side, hold (6 o'clock) 4-6 右足後踏, 左足趾左點, 候(面向6點鐘)

第二段 L&R Fwd Twinkles 左華士步, 右華士步

Travelling forward 往前移

- Cross step L over R, step R side, step L side 1-3 左足於右足前交叉踏,右足右踏,左足左踏
- 4-6 Cross step R over L, step L side, step R side 右足於左足前交叉踏,左足左踏,右足右踏

第三段 Waltz Box With Hesitation 華爾滋方塊

- Step L forward, step R side, step L together 1-3 左足前踏,右足右踏,左足併踏
- 4-6 Step R back, slide L together over 2 counts (weight remains on R) 右足後踏,以2拍左足拖併(重心在右足)

第四段 Waltz Box, Slow ½ L Pivot Turn 華爾滋方塊, 慢速踏轉

1-3 Step L side, step R together, step L forward 左足左踏,右足併踏,左足前踏

ENDING: On final wall you will facing 3 o'clock cross R over L and unwind either a 1/4 turn to face front or if you want to be more flamboyant you can make it a 1 ¼ turn 面向3點鐘跳至此結束時,右足於左足前交叉踏,繞轉90度面向前面牆做結束 或要騷包點轉1又1/4圈面向前面牆結束

4-6 Step R forward, pivot ½ L over 2 counts (weight ends on L) (12 o'clock) 右足前踏, 以2拍左軸轉180度(重 心在左足)(面向12點鐘)

第五段 Weave L 3, L Side, R Draw Together 3步藤步, 左踏, 右拖併

- 1-3 Cross step R over L, step L side, cross step R behind L 右足於左足前交叉踏, 左足左踏, 右足於左足後交叉踏
- 4-6 Step L side, slide R together over 2 counts (weight remains on L) 左足左踏,右足以2拍滑併(重心在左足)

第六段 ¾ Turn R, L Balance Step 右3/4, 左華爾滋

- 1-3 Turning ¼ right step R forward, turning ½ right step L back, step R back (9 o'clock) 右轉90右足前踏,右轉180度左足後踏,右足後踏(面向9點鐘)
- 4-6 Step L back, step R together, step L forward 左足後踏,右足併踏,左足前踏
- 第七段 Forward Full L Spiral, Forward 1/2 L Spiral With Hesitation 踏鉸轉圈,踏慢轉

1-3 Step R forward, lift L as you turn ½ left on R, turn another ½ left on R and step L forward (completing a full turn forward)

右足前踏, 左足抬左轉180度, 左轉180度左足前踏

4-6 Step R forward, lift L as you turn ½ left on R over 2 counts (<u>3 o'clock</u>) 右足前踏, 左抬以2拍左轉180度(面 向3點鐘)

第八段 L Balance Step, Run Fwd 3 華爾滋, 前跑三次

- 1-3 Step L back, step R together, step L forward 左足後踏, 右足併踏, 左足前踏
- 4-6 Step R forward, step L forward, step R forward 右足前踏, 左足前踏, 右足前踏
- Alternative for counts 46 48 execute a full L turn forward in line of dance 46-48以3步轉圈