

Sirens

拍数: 48 墙数: 4 级数: Advanced
编舞者: Karl-Harry Winson (UK) - June 2015
音乐: Sirens (feat. Sev Sanders) - Kimberley Locke : (Album: Four for the Floor - EP...iTunes.co.uk)



Intro: 32 Counts (Start on Vocals)

S1: Side Step. Left Sailor Step. Right Sailor Step. Pivot 1/4 Turn Left. 1/4 Turn Left. Sailor 1/2 Cross/Dip.

- 1 Step Right to Right side (dip body as you do this).
- 2&3 Cross Left behind Right. Step Right to Right side. Step left to left side (dip body as you step to the side).
- 4&5 Cross Right behind Left. Step out on Left. Step Right out to Right side.
- 6 – 7 Pivot 1/4 Turn Left putting weight forward onto Left. Make 1/4 Turn Left stepping Right to Right side. [6.00]
- 8&1 Cross Left behind Right making 1/2 turn Left. Step Right beside Left. Cross step Left over Right and dip body.

***Note: On counts 1 & 3 (as you step to the side) dip your body slightly to give the dance a bit of a funky feel.**

S2: Side. Cross/Dip. 1/4 Turn Right. Step. Pivot 1/2 Turn Right. 1/4 Turn Right. Behind-Side.

- 2 – 3 Step Right to Right side. Cross step Left over Right and dip body. [12.00]
- 4 – 5 Make 1/4 turn Right stepping Right forward. Step forward on Left. [3.00]
- 6 – 7 Pivot 1/2 Turn Right [9.00]. Make 1/4 Turn Right stepping Left to Left side. [12.00]
- 8& Step Right behind Left. Step Left slightly to Left side. [12.00] ***Restart Here on Wall 3 facing 6.00.

S3: Heel Dig X2. Ball-Walk. Walk Right. Forward Step. 1/4 Side Rock. Cross Step. Side Step.

- 1 – 2 Touch/Dig Right heel forward Twice.
- &3-4 Step Right beside Left. Walk forward on Left. Walk forward on Right. [12.00].
- 5&6 Step forward on Left. Make 1/4 turn Left rocking Right out to Right side. Recover weight on Left. [9.00]
- 7 – 8 Cross step Right over Left. Step Left to Left side. [9.00]

S4: Right Sailor Step. Cross. Side. 1/2 Box Turn Left. 1/4 Left Chasse.

- 1&2 Cross Right behind Left. Step out on Left. Step Right to Right side.
- 3 – 4 Cross step Left over Right. Step Right to Right side.
- 5 – 6 Make 1/4 Left stepping Left out to Left side [6.00]. Make 1/4 turn Left stepping Right out to Right side. [3.00]
- 7&8 Make 1/4 turn Left stepping Left to Left side. Close Right beside Left. Step Left out to Left side. [12.00]

S5: Modified Jazz Box. 1/4 Turn. 1/2 Turn. Right Coaster Step.

- 1 – 2 Cross Right over Left. Step back on Left pushing hips/bum back and lift Right toes off the floor.
- 3 – 4 Step Right to Right side. Cross step Left over Right.
- 5 – 6 Turn 1/4 Right stepping Right forward [3.00]. Make 1/2 Turn Right stepping back on Left. [9.00]
- 7&8 Step back on Right. Step Right beside Left. Step forward on Right.

S6: Left Dorothy Step. Forward Step. Left Sailor 1/2 Turn. Forward Step. Step-Drag.

- 1,2& Step Left forward to Left diagonal. Lock Right behind Left. Step Left forward to Left diagonal.
- 3 Step forward on Right

- 4&5 Cross Left behind Right making 1/2 turn Left. Step Right beside Left. Step forward on Left.
[3.00]
- 6 Step forward on Right.
- 7 Step big step forward on Left (Leading heel first and lean slightly back as you so this).
- 8 Drag Right up towards Left keeping weight on Left. [3.00]

*****Restart: On Wall 3, dance the first 16 Counts (sections 1&2) and restart the dance again facing 6.00 Wall.**

Last Update – 4th June 2015
