

I Sing A Liad Für Di

拍数: 32 墙数: 0 级数: Beginner Contra Polka
编舞者: Dirk Leibing (DE) & Romy Großer - June 2015
音乐: I sing a Liad für di - Andreas Gabalier



Intro : 32 counts

S1: Chasse Turn(1/4), Chasse Turn(1/2), Chasse Turn(1/4), Cross Rock Step

1&2 Step RF right(1), Close LF next to RF(&), Step RF ¼ right(2)(3:00)
3&4 Turn ¼ right stepping LF left(3), Close RF next to LF(&), Turn ¼ right stepping LF
back(4)(9:00)
5&6 Turn ¼ right stepping RF right(5), Close LF next to RF(&), Step RF right(6)(12:00)
7-8 Cross Rock LF in Front of RF(7), Recover on RF(8)

S2: Chasse Box around your Contra Partner to the right

1&2 Step LF left(1), Close RF next to LF(&), Step LF left(2)
3&4 Turn ¼ left stepping RF right(3), Close LF next to RF(&), Step RF right(4)(9:00)
5&6 Turn ¼ left stepping Lf left(5), Close RF next to LF(&), Step LF left(6)(6:00)
7&8 Turn ¼ left stepping RF right(7), Close LF next to RF(&), Step RF right(8)(3:00)

S3: Chasse(1/4 left), Back Rock Step, Kick Ball Change(2x)

1&2 Turn ¼ left stepping LF left(1), Close RF next to LF(&), Step LF left(2)(12:00)

This Chasse should end just towards your first Contra Partner

3-4 Rock RF back(3), Recover on LF(4)
5&6 Kick RF forward(5), Step RF on right ball(&), Step LF on left ball(6)
7&8 Kick RF forward(7), Step RF on right ball(&), Step LF on left ball(8)

S4: Walk forward(4 small steps), ½ Chasse Turn, Shuffle back

1-4 Walk forward(right, left, right, left)

Take hold of both your partners hands after these 4 steps for 5&6

5&6 Turn ¼ left stepping RF right(5), Close LF next to RF(&), Turn ¼ left stepping RF
back(6)(6:00)
7&8 Step LF back(7), Close RF next to LF(&), Step LF back(8)

Have Fun

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~ 1P..... 2P..... 3P

~ 1..... 2..... 3

*1 = you

*1P = your contra partner you start with and you dance with in S4

*2 = dancer to the right

*2P = your contra partner to the right, you are dancing around in S2