Nathan's Heart



拍数: 32 墙数: 4 级数: Improver

编舞者: Willie Brown (SCO) - June 2015

音乐: Take Another Little Piece Of My Heart - Nathan Carter: (Album: Time Of My Life)



Intro; 20 counts – 19 secs approx□□□

Section 1:□SIDE-TOGETHER-FORWARD (x2), ROCKING CHAIR, 1/4 PIVOT-CROSS

1&2	Step Right to Right side, step Left beside Right, step forward on Right
3&4	Step Left to Left side, step Right beside Left, step forward on Left

5&6& Rock forward on Right, recover back on Left, rock back on Right, recover forward on left

7&8 Step forward on Right, pivot 1/4 Left (taking weight on Left), cross Right over Left

Section 2:□SIDE-TOGETHER-FORWARD (x2), ROCKING CHAIR, 1/2 PIVOT-STEP

1&2	Step Left to Left side, step Right beside Left, step forward on Left
3&4	Step Right to Right side, step Left beside Right, step forward on Right

5&6& Rock forward on Left, recover back on Right, rock back on Left, recover forward on Right

7&8 Step forward on Left, pivot 1/2 Right (taking weight on Right), step forward on Left

Section 3: □SIDE STRUT, BACK ROCK (x2), SIDE STRUT, BEHIND-SIDE-CROSS SHUFFLE

1&2& Touch Right toe to Right side, take weight on Right, rock back on Left, rec	t. recover forward on
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Right

Touch Left toe to Left side, take weight on Left, rock back on Right, recover forward on Left Touch Right toe to Right side, take weight on Right, cross Left behind Right, step Right to

Right side

7&8 Cross Left over Right, step Right slightly to Right side, cross Left over Right

Section 4: □STEP TOUCH, STEP KICK, BEHIND-SIDE-CROSS (x2)

1&	Step Right to Right side, touch Left beside Right
2&	Step Left to Left side, kick Right to Right diagonal
3&4	Cross Right behind Left, step Left to Left side, cross Right over left
5&	Step Left to Left side, touch Right beside Left
6&	Step Right to Right side, kick Left to Left diagonal
7&8	Cross Left behind Right, step Right to Right side, cross Left over Right

TAGS/RESTARTS;

End of Wall 1 – facing 3 o'clock do the 8 count TAG which is a repeat of section 3 – the 'Toe Strut' section During Wall 3 – facing 9 o'clock RESTART after section 3, missing out section 4 (you'll hear it; 'come on, come on, come ooooooon')

End of Wall 4 - facing 12 o'clock do the 8 count TAG

During Wall 6 - facing 6 o'clock RESTART after section 3 ('come on, come on, come ooooooon')

End of Wall 8 - facing 12 o'clock do the 8 count TAG

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^{**}The sequence is a LOT easier to remember than it looks**