Bar Hoppin'

拍数: 32

级数: High Beginner

编舞者: Donna Beard (USA) - May 2015

音乐: Bar Hoppin' - Sandra Lynn

#32-count intro after whistling begins, start on the word 'Friday'

RIGHT STOMP, CLAP, LEFT KICK-BALL-CHANGE, LEFT STOMP, CLAP, RIGHT KICK-BALL-CHANGE

- Stomp right (weight on right), clap, left kick-ball-change 1-2, 3&4
- 5-6, 7&8 Stomp left (weight on left), clap, right kick-ball-change

RIGHT SHUFFLE FORWARD, ROCK, RECOVER, LEFT SHUFFLE BACK, ROCK, RECOVER

- 1&2.3-4 Shuffle forward right, left, right, rock left forward, recover to right
- 5&6,7-8 Shuffle back, left, right, left, rock back right, recover to left

TWO ¼ MONTEREY TURNS TO RIGHT

- Touch right toe to right, turn 1/4 right on left foot as you bring right together, touch left toe to 1-4 left and back together placing weight on left.
- Touch right toe to right, turn 1/4 right on left foot as you bring right together, touch left toe to 5-8 left and back together placing weight on left.

JAZZ BOX, HALF PIVOT TO LEFT, QUARTER PIVOT TO LEFT

- Cross right foot over left, step back on left, step to side on right, step together on left. 1-4
- 5-8 Step forward on right foot, pivot ¹/₂ turn to left, step forward on right foot, pivot ¹/₄ turn left.

End of wall 7 (3:00), there is a 4-count Tag (after the Bridge and she is singing about drinking "a little more") Right and left toe/heel struts

- 1-2 Press right toe beside left foot and then place weight down on right foot
- 3-4 Press left toe beside right foot and then place weight down on left foot

Begin Again and smile!!

Step Sheet provided by: DONNA BEARD - cwdancer66@yahoo.com - 757-897-2280





墙数: 4