NatuSamba Cha Cha (ANMB)



拍数: 64 墙数: 4 级数: Low Intermediate

编舞者: Kim-Fundanzer (MY) - June 2015 音乐: NatuSamba by Bernardo Lafonte



SECT 1: SYNCOPATED ROCKING CHAIR 2X, RIGHT BOTAFOGO, LEFT BOTAFOGO

1&2& Rock forward on ball of Rf, recover on Lf, rock forward on ball of Rf, recover on Lf 3&4&

Rock forward on ball of Rf, recover on Lf, rock forward on ball of Rf, recover on Lf

5 a6 Cross Rf over Lf, Step on ball of Lf to the side, Recover onto Rf

7 a6 Cross Lf over Rf, Step on ball of Rf to the side, Recover onto Lf (12:00)

Alternative count/step for the above counts 1&2&3&4&... 1-2-3-4: Rocking Chair

SECT 2: CHA CHA CHA IN PLACE 2X, SAMBA WALK 1/4 TURN RIGHT, SIDE SAMBA WALK

1&2 Cha-cha cha in place, stepping Rf-Lf-Rf3&4 Cha-cha cha in place, stepping Lf-Rf-Lf

5 a6 Step Rf forward, step Lf to the side, ¼ turn right stepping onto Rf (3:00)

7 a8 Step Lf forward, step Rf to the side, recover onto Lf (3:00)

SECT 3: Repeat Section 1 (3:00) SECT 4: Repeat Section 2 (6:00)

SECT 5: 1/4 TURN RIGHT VOLTA, 1/2 TURN LEFT VOLTA, RIGHT SAMBA WHISK, LEFT SAMBA WHISK

1 a2 ½ turn right cross Rf over Lf, step ball of Lf slightly to side, cross Rf over Lf (9:00) 3 a4 ½ turn left cross Lf over Rf, step ball of Rf slightly to side, cross Lf over Rf (3:00)

5 a6 Step Rf to right, step on ball of Lf slightly behind Rf, recover on Rf
7 a8 Step Lf to left, step on ball of Rf slightly behind Lf, Recover on Lf (3:00)

SECT 6: SWAY SWAY, CHA CHA BACK 1/4 LEFT, SIDE TOGETHER FORWARD, 1/4 TURN LEFT HOOK

1-2 Step Rf to right side, swaying right hip, recover onto Lf, swaying left hip

3&4 Step Rf to the side, step Lf together, turn ½ left stepping Rf back

5-6 Step Lf to left side, step Rf together

7-8& Step Lf forward, ¼ turn left stepping Rf to side, hook Lf across Rf (9:00)

SECT 7: CHA CHA FORWARD, STEP PIVOT 1/2 LEFT, RIGHT & LEFT BOTAFOGO

1&2 Step forward on Lf, lock Rf behind Lf, step forward on Lf 3-4 Step forward on Rf, pivot ½ left (weight on Lf) (3:00)

5 a6 Cross Rf over Lf, Step on ball of Lf to the side, Recover onto Rf
 7 a6 Cross Lf over Rf, Step on ball of Rf to the side, Recover onto Lf

SECT 8: KICK STEP TOUCH 2X, HIP BUMPS

1&2 Kick Rf forward, step down on Rf, touch Lf to the side (traveling slightly forward)
3&4 Kick Lf forward, step down on Lf, touch Rf to the side (traveling slightly forward)

5&6 Bump to the right - Right, Left, Right (weight ends on Rf)
7&8 Bump to the left – Left, Right, Left (weight ends on Lf) (3:00)

On Wall 7 (6:00) onwards...dance only 32 counts, until music stops, you will end the dance facing front & Pose! Have fun, enjoy!

Contact: kimfundanzer@gmail.com