One Good Reason

拍数: 32

级数: Beginner / Improver

编舞者: Wayne Jensen (USA) - December 2014

音乐: Budapest - George Ezra : (Album: Wanted on Voyage, Deluxe - iTunes)

#16 Ct. Intro

RUMBA FORWARD, TOUCH, RUMBA FORWARD, TOUCH

- 1-2 Step R to right (1), Step L next to R (2) (12:00)
- 3-4 Step R forward (3), Touch L next to R (4)
- 5-6 Step L to left (5), Step R next to L (6)
- 7-8 Step L forward (7), Touch R behind L (8)

STEP, LOCK, STEP, 1/2 TURN, ½ TURN, WALK, WALK

- 1-2 Step R back (1), Step L back locking in front of R (2) (12:00)
- 3-4 Step R back (3), Step L back making 1/2 turn left (4) (6:00)
- 5-6 Step R forward (5) (6:00), Pivot 1/2 turn left transferring weight to L (6) (12:00)
- 7-8 Step R forward (7), Step L forward (8)

POINT, STEP, POINT, STEP, 1/4 JAZZ BOX RIGHT

- 1-2 Point R to right (1), Step R next to L (2) (12:00)
- 3-4 Point L to left (3), Step L next to R (4)
- 5-6 Cross R over L making 1/4 turn right (5), Step L back (6) (3:00)
- 7-8 Step R to right (7), Step L across R (8)

POINT, STEP, POINT, STEP, HEEL, STEP, HEEL, STEP

- 1-2 Point R to right (1), Step R next to L (2)
- 3-4 Point L to left (3), Step L next to R (4)
- 5-6 Touch R heel forward (5), Step R next to L (6)
- 7-8 Touch L heel forward (7), Step L next to R (8)

TAG: Simply repeat the last 16 counts of the dance - this occurs at the end of Walls 2, 4, & 8. There is also a partial TAG at the end of Wall 11 – dance full 32 count dance and only add counts 1 thru 9 of the TAG (the music will end there).

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Last Update – 25th Aug 2015





墙数:4