

Get Stupid

COPPER KNOB
STEPMATS

拍数: 64 墙数: 2 级数: Intermediate
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音乐: Get Stupid - Aston Merrygold



Alternative Music: "Get Stupid" by Billboard Masters (available on www.amazon.co.uk)

(4 Count Intro' From Start Of Main Beat. After "Owwwww" count 5, 6, 7 and then clap on count 8 before starting dance on vocals).

Sec 1 - 2 Dorothy Steps, Step Forward, Kick Ball Point, Close, Point.

- 1,2& Step right diagonally forward, lock left behind right, step right diagonally forward.
- 3,4& Step left diagonally forward, lock right behind left, step left diagonally forward.
- 5,6&7 Step forward on right, kick left forward, close left to right, point right toe to right side.
- &8 Close right to left, point left toe to left side. (12 o'clock)

Sec 2 - 2 Sailor Steps Travelling Back, Touch Back 1/2 Turn Left, Turn 1/4 Left, Hitch.

- 1&2 Cross left behind right, step right to right side, step left slightly back
- 3&4 Cross right behind left, step left to left side, step right slightly back
- 5-6 Touch left toe back, turn a half turn left transferring weight to left
- 7-8 Turn a quarter left and step right to right side, hitch left knee (3 o'clock)

(Optional arms on hitch, raise both arms straight up and shout "Woou")

Sec 3 - Moon Walks Back, Back Rock, Shuffle Forward, Side, Touch Left Behind (Swing Arms To Right)

- 1-2 Walk back on left popping right knee and sliding right toe back, walk back on right popping left knee and sliding left toe back.
- 3-4 Rock back on left, recover weight forward on right
- 5&6 Step forward on left, close right to left, step forward on left
- 7-8 Step right to right side, swing left toe behind right (swing both arms to right) (3 o'clock)

Sec 4 - Step, Touch Toe Behind, Step, Touch Toe Behind, Step To Left Hip Bumps (Gradually Transferring Weight), Hitch, Point.

- 1-2 Step left to left side, swing right toe behind left (swing both arms round to left)
- 3-4 Step right to right side, swing left toe behind right (swing both arms round to right)
- 5&6&7 Step left to left side and gradually transferring weight to left bumping hips left, right, left, right, left (Weight now on left)
- &8 Hitch right knee, point right toe to right side. (3 o'clock)

Sec 5 - 1/4 Turn Right Stepping Onto Right, Kick Ball Step, Step Forward, Twist 1/4 Right, Twist 1/4 Left, Step Forward On Right And Turn 1/2 Left Sweeping Left Round, Coaster Step.

- 1,2&3 Turn a quarter turn right stepping forward on right, kick left forward, step on ball of left, step forward on right
- 4,5,6 Step forward on left, twist body a quarter turn right, twist body a quarter turn left.
- 7 Make half turn left stepping back on right sweeping left around from front to back.
- 8&1 Step back on left, close right to left, step forward on left. (12 o'clock)

Sec 6 - Hold, Lock Step, Lock Step, 1/4 Turn Left Step Out Right, Left, Twist Right Heel In, Twist Left Heel In.

- 2 Hold (weight is on left)
- &3&4 Lock right behind left, step forward on left, lock right behind left, step forward on left
- 5-6 Turn a quarter left stepping right to right side, step left to left side
- &7&8 Twist right heel in, then back into place, twist left heel in then back into place. (9 o'clock)

(End this with weight on left more than right)

Sec 7 - Cross, Point, Cross, Point, Cross Unwind, Kick, Close, Point.

- 1-2 Cross right over left, point left toe to left side.
- 3-4 Cross left over right, point right toe to right side.
- 5-6 Cross right over left, unwind 1/2 left (weight on right).
- 7&8 Kick left forward, close left to right, point right to right side. (3 o'clock)

Sec 8 - Cross In Front, Side, Behind, Side, Cross, Side, Shrugging Alternate Shoulders Gradually Turning 1/4 Right (Lean Back Slightly), Hitch

- 1-2 Cross right over left, step left to left side.
- 3&4 Cross right behind left, step left to left side, cross right over left.
- 5&6&7 Step left to left side, gradually turning 1/4 right raise and lower alternate shoulders
(keeping weight on left leaning slightly back as you turn),
- 8 hitch right knee. (6 o'clock)

Full Tag (12 Counts). To be performed at end of wall 1 (facing 6 o'clock) and at the end of wall 3 (facing 12 o'clock)

Heel Switch Right Then Left, Syncopated 1/4 Monterey Turn, Heel Switch Right Then Left, Syncopated 1/4 Monterey Turn, 4 X Stomps.

- 1&2& Touch right heel forward, close right to left, touch left heel forward, close left to right.
- 3&4& Point right toe to right side, turning a quarter right closing right next to left, point left to left side, close left to right.
- 5&6& Touch right heel forward, close right to left, touch left heel forward, close left to right.
- 7&8& Point right to right side, turning a quarter right closing right next to left, point left to left side, close left to right.
- 9-12 Stomp right to right side, stomp left to left side, stomp right to right side, stomp left to left side.

Short Tag (4 Counts).

To be performed during wall 5 after 44 counts (section 6 - lock steps).

Do not turn ¼ left – instead perform last 4 counts of tag (stomp right, left, right, left) facing 12 o'clock, then Restart from the beginning of the dance.

Note: When the music finishes you will be dancing the end of the dance too, but on count 8 turn a half turn left to face front and pose for a big finish!

Enjoy!
