Some of These Days

级数: Beginner

编舞者: Roger Neff (USA) - July 2015

音乐: Some of These Days - The Hot Sardines

Intro: 48 Counts

拍数: 32

[1-8] Long Step to L, Hold, Rock back on R, Rec on L, Step R to R, Step L behind R, Triple-Step turning 1/4 to R (3:00)

- 1-2,3-4 Take long step to L, Hold, Rock back on R, Rec on L
- 5-6-7&8 Step R to R, Step L behind R, Triple step turning 1/4 to R and moving fwd

[9-16] L Rocking Chair, Step L over R, Turn ¼ to L and Step on R, Triple-Step Fwd

- 1-2-3-4 Rock fwd on L, Rec on R, Rock back on L, Rec on R
- 5-6,7&8 Step L over R, Turn ¼ to L and step on R, Triple step moving slightly fwd (12:00)

[17-24] Rock Fwd on R, Rec on L, Shuffle Back (R,L,R) Rock Back on L, Rec on R, Shuffle Fwd (L,R,L)

- 1-2,3&4 Rock fwd on R, Rec on L, Shuffle back R,L,R
- 5-6,7&8 Rock back on L, Rec on R, Shuffle fwd L,R,L

[25-32] 2 X Step Fwd on R, Turn ¼ to L and Step on L, Step R beside L (5), Hold, Sway L, R

- 1-2-3-4 Step fwd on R, Turn ¼ to L and step on L (9:00), Repeat (6:00)
- 5-6,7-8 Step on R beside L, Hold, Sway L, R

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