Keeping It Simple



编舞者: Jef Camps (BEL) - June 2015 音乐: Doin' It Right - Rodney Atkins



Info: start on the lyrics

S1: ROCK FWD, RECOVER, STEP-LOCK-STEP BWD, SIDE ROCK, RECOVER, CROSS SHUFFLE

1–2 RF rock forward, LF recover

3&4 RF step back, LF cross over RF, RF step back

5–6 LF step side, RV recover

7&8 LF cross over RF, RF step side, LF cross over RF

S2: SIDE, BEHIND & HEEL-BALL-CROSS, 1/4 TURN STEP BACK, SIDE, CROSS, SIDE

1–2 RF step side, LF cross behind RF
&3 RF step side, LF dig heel forward
&4 LF step side, RF cross over LF

5-6 1/4 turn R & LF step back, RF step side

7–8 LF cross over RF, RF step side

S3: SAILOR STEP, TOUCH, 1/2 UNWIND TURN, ROCK FWD, RECOVER, 1/2 SHUFFLE TURN

1&2 LF cross behind RF, RF step side, LF step side

3–4 RF touch behind LF, make 1/2 turn right (weight on RF)

5–6 LF rock forward, RF recover

7&8 1/2 turn left & LF step forward, RF close next to LF, LF step forward *restarts here*

S4: ROCK FWD, RECOVER, 1/2 TURN STEP, ROCK FWD, RECOVER, 1/2 TURN STEP, FULL TURN

1–2 RF rock forward, LF recover

3–4 1/2 turn right & RF step forward, LF rock forward

5–6 RF recover, 1/2 turn left & LF step forward

7–8 1/2 turn left & RF step back, 1/2 turn left & LF step forward

Start Again, and have fun!

Restarts: in walls 4 & 9 after 24 counts just restart the dance

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