Make My Day (你讓我快樂) (zh)

墙数: 4

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音乐: Perhaps, Perhaps, Perhaps - The Pussycat Dolls : (CD: Doll Domination)

- 前奏: Intro: Start on vocals (after 16 counts)
- 第一段 Side, Rock fwd , Recover, Cha-Cha R, Cross, Unwind full Turn, Cha-cha L 側, 前下沉, 回復, 右恰恰, 交叉, 繞轉圈, 左恰恰

级数: Beginner

- 1 Step L to L side 左足左踏
- 2-3 Rock R across L, Recover on L 右足於左足前交叉下沉, 左足回復
- 4 & 5 Step R to R side, Step L next to R, Step R to R side 右足右踏, 左足併踏, 右足右踏
- 6 7 Step L across R, Full Turn R (<u>12.00)</u> 左足於右足前交叉踏, 右轉圈(面向12點鐘)
- 8 & 1 Step L to L side, Step R next to L, Step L to L side 左足左踏, 右足併踏, 左足左踏
- 第二段 ¼ Turn R, Recover, Cha-cha R, ¼ Turn L, Recover, Kick Ball Cross 右轉1/4, 回復, 右恰恰, 左轉1/4, 回復, 踢交換交叉
- 2 3 Make ¹/₄ Turn R and step R back <u>(3.00)</u> and look over your shoulder <u>(9.00)</u>, make ¹/₄ Turn L and recover on L (<u>12.00)</u>
 - 右轉90度右足後踏(面向3點鐘)看向肩膀(面向9點鐘), 左轉90度左足回復(面向12點鐘)
- 4 & 5 Step R to R side, Step L next to R, Step R to R side (12.00) 右足右踏, 左足併踏, 右足右踏(面向12點鐘)

<u>Ending: Dance up until count 13 (Cha - Cha R). Touch L back and make ¾ Turn L to the front wall.</u> 結束:跳到第二段前4拍右恰恰結束,左足後點轉270度面向前面牆

- 6 7 Make ¼ Turn L and step L back (9.00) and look over your shoulder (3.00), recover on R (9.00) 左轉90度左足後踏(面向9點鐘)看向肩膀(面向3點鐘), 左足回復(面向9點鐘)
- 8 & 1 Kick L fwd, Step L next to R, Step R across L (9.00) 左足前踢, 左足併踏, 右足於左足前交叉踏(面向9點鐘)
- 第三段 Hip Sways L, R, Behind ,Side, Cross, Hold, And Cross, Hold, And Cross 擱臀-左, 右, 後, 側, 交叉, 候, &交 叉, 候, &交叉
- 2-3 Step L to L side and sway Hip L, Sway Hip R, 左足左踏左擺臀, 右擺臀
- 4 & 5 Step L behind R, Step R to R side, Step L across R 左足於右足後踏, 右足右踏, 左足於右足前交叉踏
- 6 & 7 Hold, Step R to R side, Step L across R 候, 右足右踏, 左足於右足前交叉踏
- 8 & 1 Hold, Step R to R side, Step L across R 候, 右足右踏, 左足於右足前交叉踏
- 第四段 Rock Side , Recover , Behind, ¼ L fwd, ¼ L side, Rock fwd, Recover, Coaster step 側下沉, 回復, 後, 左1/4前, 左1/4側, 前下沉, 回復, 海岸步
- 2-3 Rock R to R side, Recover on L 右足右下沉, 左足回復
- 4 & 5 Step R behind L, ¼ Turn L and step L fwd, ¼ L and Step R to R side (3.00) 右足於左足後踏, 左轉90度左足前踏, 左轉90度右足右踏(面向3點鐘)
- 6-7 Rock L across R, Recover on R 左足於右足前交叉下沉, 右足回復
- 8 & Step L back, Step R next to L 左足後踏, 右足併踏





拍数: 32