Gleeful Waltz

拍数: 24

级数: Beginner

编舞者: Frank Trace (USA) - July 2015

音乐: What the World Needs Now (Glee Cast Version) - Glee Cast

Choices for music:-"We'll Waltz In Love Tonight" by Reba McEntire (117 bpm) "If I Ain't Got You" by Alicia Keys Note, You may use any waltz that you like.

Intro: Start on vocals

BASIC WALTZ STEPS FORWARD & BACK

- 1-3 Step L forward, step R next to L, step L in place
- 4-6 Step R back, step L next R, step R in place

TURN 1/4 LEFT BASIC, BASIC WALTZ BACK

- 1-3 Cross L slightly over R while making a ¼ turn left, step R next to L, step L in place (9:00)
- 4-6 Step R back, step L next R, step R in place

TWINKLE STEPS RIGHT & LEFT

- Cross L over R, step R slightly right, step L next to R 1-3
- 4-6 Cross R over L, step L slightly left, step R next to L

BASIC WALTZ FORWARD, BACK, 1/2 TURN, FORWARD

- 1-3 Step L forward, step R next to L, step L in place
- 4-6 Step R back starting to turn left, step L forward turning 1/2 left, step R forward (3:00)
- You will travel slightly forward towards 3:00 wall as you do the 1/2 turn waltz step.

START OVER AND SMILE

Last Update – 16th Sept 2016





墙数: 4