Saltimbanque



拍数: 80 墙数: 2 级数: Intermediate

编舞者: José Miguel Belloque Vane (NL) & Rémi Lemaire (FR) - July 2015

音乐: Saltimbanque - Keen'V



Note: $\Box A - B - A - A - B - A - A - B - A - A$

PARTIE A - 32 counts

[1-8] STEP - ROCK BACK - STEP - ROCK BACK - VAULTER STEP X4 IN FULL TURN

1 RF to R side

&2 L Rock step backwards

3 LF to L side

&4 R Rock step backwards

RF to R side with a ¼ turn (5), Recover LF close to RF (&), RF to R side with a ¼ turn (6) Recover LF close to RF (&), RF to R side with a ¼ turn (7), Recover LF close to RF (&), RF

to R side with a 1/4 turn

[9-16] MAMBO FWD - MAMBO BACK - MAMBO L TO L - VAULTER STEP X2 IN 1/2 TURN

1&2 L Mambo fwd

3&4 R Mambo backwards

5&6 L Mambo to L side (finish with LF fwd)

&7&8 Recover RF close to LF (&), LF to L side with a ¼ turn (7), Recover RF close to LF (&), LF to

L side with a ¼ turn (8)

[17-24] CROSS SAMBA X2 - MAMBO FWD WITH ½ TURN - STEP TURN STEP

1&2 Cross RF over LF, LF to L side, RF to R side3&4 Cross LF over RF, RF to R side, LF to L side

R Mambo fwd ending with RF fwd with a ½ turn to R

7&8 LF fwd (7), ½ turn to the R (&), LF fwd (8)

[25-32]□TOUCH STEP FWD (X3) – BODY BUMP – TOUCH STEP FWD (X3) – BODY BUMP

1&2 Touch R to R side, RF fwd, Touch LF to L side

&3&4 LF fwd, Touch R to R side – Bump your chest fwd (&), Bump your chest backwards (4)

&5&6 RF fwd, Touch LF to L side, LF fwd, Touch RF to R side

&7&8 RF fwd, Touch LF to L side, Bump your chest fwd (&), Bump your chest backwards (8)

PARTIE B - 48 counts

[1-8] ARMS MOUVEMENT WITH HIP BUMP - SAILOR STEP - TOUCH - UNWIND FULL TURN

1&2&3&4& Swing your hips from R to L on 4 counts & raise your hands & swing them from R to L at the

same time (finish with the weight on the LF)

5&6 R Sailor Step

7-8 Point LF behind RF & make a full turn to the L

[9-16]□SIDE ROCK - BEHIND SIDE CROSS - OUT OUT - COASTER STEP

1-2 R Rock Step to R side

3&4 Cross RF behind LF, LF to L side, Cross RF over LF

5-6 LF to L side (but a little bit fwd), RF to R side (but a little bit fwd)

7&8 L Coaster Step backwards

[17-24] ARMS MOUVEMENT WITH HIP BUMP - SAILOR STEP - TOUCH - UNWIND FULL TURN

1&2&3&4 Swing your hips from R to L on 4 counts & raise your hands & swing them from R to L at the

same time (finish with the weight on the RF)

5&6 L Sailor Step

7-8

[25-32]□SIDE ROCK - BEHIND SIDE CROSS - OUT OUT - COASTER STEP

1-2 L Rock Step to L side

3&4 Cross LF behind RF, RF to R side, Cross LF over RF

5-6 RF to R side (but a little bit fwd), LF to L side (but a little bit fwd)

7&8 R Coaster Step backwards

[33-40]□STEP AND SHAKE X4

1&2	LF fwd & move your hips back & forth at the same time
3&4	RF fwd & move your hips back & forth at the same time
5&6	LF fwd & move your hips back & forth at the same time
7&8	RF fwd & move your hips back & forth at the same time

[41-48]□SHAKE 4 COUNT – HOLD 4 COUNT

1&2&3&4 Move your hips back & forth

5-8 4-count break

Contact: jose_nl@hotmail.com