Always Something

拍数: 32

级数: Beginner

编舞者: Jan Brookfield (UK) - August 2015

音乐: Always Have, Always Will - Ace of Base

Or "Tennessee Two-Step" by Charlie Daniels

Or "Something Tells Me" by Cilla Black.

SECTION ONE : "SUPREMES" TO RIGHT AND LEFT SIDES

1,2,3,4Step R to side, close L to R, step R to side, touch L next to R(angle body slightly to right, use arms in "Supremes" motion)5,6,7,8Step L to side, close R to L, step L to side, touch R next to L(angle body slightly to left, use arms in "Supremes" motion)

SECTION TWO : (STEP FORWARD, TOUCH) x 2, (STEP BACK, TOUCH) x 2

- 9,10 Step forward diagonally on R, touch L next to R (with optional CLAP)
- 11,12 Step forward diagonally on L, touch R next to L (with optional CLAP)
- 13,14 Step back diagonally on R, touch L next to R (with optional CLAP)
- 15,16 Step back diagonally on L, touch R next to L (with optional CLAP)

SECTION THREE : CHASSE RIGHT, ROCK, RECOVER, CHASSE ¼ TURN, ROCK, RECOVER

- 17&18 Step R to side, close L to R, step R to side
- 19,20 Rock back on L, recover onto R
- 21&22 Making a quarter turn to right, step L to side, close R to L, step L to side
- 23,24 Rock back on R, recover onto L

SECTION FOUR : WALK FORWARD x 3, KICK, WALK BACK x 2, COASTER STEP

- 25,26,27,28 Walk forward on R,L,R, kick L forward
- 29,30 Walk back on L,R
- 31&32 Step back on L, step on R next to L, step forward on L

START AGAIN





墙数: 4