If The Truth Hurts



拍数: 32 墙数: 4 级数:

编舞者: Sue Wilson (NZ) - August 2002

音乐: If the Truth Hurts - Heather Myles: (Album: Sweet Talk and Good Lies)



** 1/4 Left Progression

Cross Vine, ¼ L Shuffle, Rock, Recover, ½ turn R

1 - 3 R across L, L to L side, Cross R behind,

4 & 5 ¼ L Shuffle Fwd (LRL)

6 - 7 Rock Fwd onto R, Recover onto L, 8 ½ turn R stepping fwd onto R

1/4 Pivot, Shuffle Fwd, 1/2 turn Shuffle back, Rock, Recover

9 - 10 Step L fwd, 1/4 pivot onto R

11 & 12 L Shuffle fwd, (LRL)

13 & 14 (Making ½ turn L) R Shuffle Back, (RLR)

15 - 16 Rock back onto L, Recover onto R

Step, Hold, Ball Step, Rock, Step, Hold, Ball Step, 1/4 turn R

17 - 18 Step L fwd, Hold

&19 - 20 R ball beside L, Step L fwd, Rock Fwd onto R

21 - 22 Step L back, Hold

&23 - 24 R ball beside L, Step L back, (making 1/4 turn R) Step R to Side

Across, Point, Rock, Recover, Behind, 1/4 L, Step Pivot 1/4 L

25 - 28 Step L across R, Point R to Side, Rock onto R, Recover onto L

29 – 30 Step R behind, (making 1/4 turn L) Step fwd onto L

31 – 32 Step R Fwd, Pivot ¼ onto L

TAG: Occurs twice thru dance - each time following 3 repetitions

1 - 4 Step R across L, Touch L toe Behind R, Step L to side, Hold

End of Dance:

Dance Counts 1 - 10,

11 &12, Shuffle making ½ turn R

&13 Ball Stamp

This dance is choreographed for our friends and family of Linedance Nelson, at their "first fling" August 31st 2002.