Lay Low



编舞者: Darren Bailey (UK) - August 2015

音乐: Lay Low - Josh Turner



Intro: 32 counts

O'LL D. I. D.	0	CO - 4/4 D C	O OI
Side Rock R.	Cross Snu	IπIe. 1/4 K X≥	. Cross Shuffle.

1-2	Rock Rf to R side,	Recover onto Lf

3&4 Cross Rf over Lf, Step Lf to L side, Cross Rf over Lf

5-6 Make a 1/4 turn R and step back on Lf, Make a 1/4 turn R and step Rf to R side

7&8 Cross Lf over Rf, Step Rf to R side, Cross Lf over Rf

Step R, Touch L, Kick Ball Cross, Side Rock L, Sailor 1/2 L turn with Cross.

1-2 Step Rf to R side, Touch Lf next o Rf

3&4 Kick Lf forward (to L diagonal), Step Lf next to Rf, Cross Rf over Lf

5-6 Rock Lf to L side, Recover onto Rf

7&8 Cross Lf behind Rf making a 1/4 turn L, Step Rf next to Lf, Make a 1/4 turn L and cross Lf

over Rf

(Restart here on wall 4)

Step R, Lock L, Chasse 1/4 turn R, Pivot 1/2 turn R, 1/2 turning Shuffle R.

1-2	Step Rf to R side,	Lock Lf behind Rf	(popping R knee f	orward)

3&4 Step Rf to R side, Close Lf next to Rf, make a 1/4 turn R and step forward on RF

5-6 Step forward on Lf, Make a 1/2 pivot turn R

7&8 Make a 1/4 turn R and step Lf to L side, Close Rf next to Lf, Make a 1/4 turn R and step back

on Lf

Back x2 with Knee pops, R Coaster Step, Cross Rock L, Scissor step L

	1-2	Step back on Rf poppoing L kne	e forward. Step bac	ck on Lf poppoing R knee forward
--	-----	--------------------------------	---------------------	----------------------------------

3&4 Step back on Rf, close Lf next to Rf, Step forward on Rf

5-6 Cross Rock Lf over Rf, Recover onto Rf

7&8 Step Lf to L side, Close Rf next to Lf, Cross Lf over Rf

Tag....Before starting wall 10.

1-4 Click fingers on R hand x4 slowly bringing R hand down to the side.