

New Thang

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 1 级数: Phrased Intermediate
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音乐: New Thang - Redfoo



Phrasing Sequence : AB AAAB AAAA(Tag)B
Start dance after 16counts

PART A – 32 counts

SA1: Walk, Walk, Pivot ½ Turn, Step, Full Turn Point, Cross Shuffle

1-2 Walk forward R , Walk forward L
3&4 Step R Forward, Pivot ½ turn L, Step R Forward
5&6 Making ½ turn L step L back, Making ½ turn R step R forward, Point L to L
7&8 Cross L over R, Step R to R, Cross L over R

SA2: ½ Turn Sweep Step, Sweep Step, Rock Hitch, Heel Switches, Long Step Forward Together

1,2 Making ½ turn L step R back sweeping L back, Step L back sweeping R back
3&4& Rock R back and hitching L, Rock L forward, Rock R back and hitching L, Rock L forward
5&6& Bring R heel forward, Step R beside L, Bring L heel forward, Step L beside R
7,8 Step R long step forward, Step L beside R

SA3: Side Steps Right (with knee pops), Side Steps Left (with knee pops)

1 Step R to R on ball of both feet and pop both knees out,
& Step L next to R on ball of both feet and close knees
2 Step R to R on ball of both feet and pop both knees out
& Step L next to R on ball of both feet and close knees
3 Step R to R on ball of both feet and pop both knees out,
& Step L next to R on ball of both feet and close knees
4 Step R to R on ball of both feet and pop both knees out
& Step L next to R on ball of both feet and close knees

(Repeat the step to L 5&6&7&8&)

SA4: Forward Rock, Side Rock, Back Rock, Behind Side Cross, Diagonal Kick, Out, Out

1& Rock R over L, recover weight on L
2& Rock R to R, recover weight on L
3&4 Rock R behind L, recover weight on L, Step R to R
5&6 Step L behind R, Step R to R, Cross R over L
7&8 Kick R diagonally R forward, Step R back, Step L to L (feet apart)

PART B – 32 counts

SB1: Knee Bent, Shoulder/Body Isolation, Step Swing

1 Knee bend in plie position
2,3&4 Push Body to R, Push it R diagonally up with knee slightly straighten, Push body to L , Knee bend in plie with body back to center
5&6& Step L with R swing to R, Step R with L swing to L, Step L with R swing to R, Step R with L swing to
7&8 Step L to L, Step R in, Step L beside R

SB2: Arm Movements, Shoulder Pop, Knee Pops

1 R arm open to R, elbow bent up, wrist at 90' degree, facing away from head
2 L arm open to L, elbow bent up, wrist at 90' degree, facing away from head
3 Lower RL beside the hip, elbow straight, wrist stay at 90', facing out

- &4 Shoulder pop up and down
- 5&6& Knee pop forward R,L,R,L with shoulder pop forward R,L,R,L, and slightly bend forward
- 7&8 Knee pop forward R,L,R with shoulder pop forward R,L,R and slowly recover the body up

SB3: Full Paddle Turn with hip bump

- 1&2& Step R to R with hip bump to R, hip bump L, 1/8 Turn L step R with hip bump R, hip bump L
- 3&4& 1/8 turn L step R with hip bump, hip bump L, 1/8 turn L with hip bump R, hip bump L
- 5&6& 1/8 turn L step R with hip bump, hip bump L, 1/8 turn L with hip bump R, hip bump L
- 7&8 1/8 turn L step R with hip bump, hip bump L, 1/8 turn L step R to R

SB4: Step Touches, Step, Arm Movements

- 1& Step R diagonally R (angle body toward L), Touch L beside R
- 2& Step L diagonally L (angle body toward R), Touch R beside L
- 3& Step R diagonally R (angle body toward L), Touch L beside R
- 4 Step L to L
- 5& Punch R arm down toward R thigh, Punch L arm down toward L thigh (feet stay apart)
- 6& Punch R arm down toward R hip, Punch L arm down toward L thigh (feet stay apart)
- 7& Place R hand to R waistline, Place L hand to L waistline (feet stay apart)
- 8& Pop chest forward and recover (feet stay apart)

Tag

- 1-4 Feet Apart reverse Body Roll over 4counts

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