

Papaya

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Phrased High Beginner
编舞者: Roly Ansano (USA) - September 2015
音乐: El Olor de la Papaya (Cha Cha Cha / 31 BPM) - Ballroom Orchestra & Singers



Seq: AB-AAB-AAB-AAB

Intro: 40 counts from start of track

Part A (32)

Sec A1: MAMBO SIDE, HOLD

1-4 Rock R side, recover, step R together, hold
5-8 Rock L side, recover, step L together, hold

Sec A2: ANGLED STEP-TOUCH, BACK STEP, CLOSE

1-2 Step R forward (body angled to left), tap L behind R
3-4 Step L back, step R together (square up)
5-6 Step L forward (body angled to right), tap R behind L
7-8 Step R back, step L together (square up)

Sec A3: STEP-TURN, ROCK-AND-ROCK STEPS

1-2 Step R forward, pivot 1/4 left
3-4 Rock R forward, recover
5-8 Rock R back, recover, step R in place, hold

Sec A4: ROCK-AND-ROCK STEPS, FORWARD STEPS

1-4 Rock L back, recover, step L in place, hold
5-6 Rock R back, recover
7-8 Step R forward, step L forward

Part B (32)

Sec B1: SIDE-CLOSE-SIDE-CLOSE PATTERN

1-4 Turn 1/4 left and step R side, step L together, step R side, touch L together
5-8 Step L side, step R together, step L side, touch R together
9-12 Step R side, step L together, step R side, touch L together
13-16 Step L side, step R together, step L side, step R together

Sec B2: KNEE BOUNCE PATTERN

1-4 Bounce knees forward four times (hold right arm out, pointing front and sweep arm to side)
5-8 Bounce knees forward four times (hold left arm out, pointing front and sweep arm to side)
9-16 Repeat 1-8

FINISH: On final wall, doing part B, after count 32 swivel toes 1/4 left to face front.