Sun Is Up!

拍数: 32

级数: Improver

编舞者: Michael Siebke (IOM) - June 2015

音乐: Sun Is Up - Inna

(Starts 22 seconds into this video version) https://www.youtube.com/watch?v=DUyLI02DqLA

R JAZZ BOX, R CHASSE, ROCK BACK L

- Cross right over left, Step left back, Step right to right side, Step left forward 1-4
- 5&6 Step right to right side, Step left next to right, Step right to right side
- 7-8 Rock back on left, recover on right

STEP L, ½ PIVOT R, L SHUFFLE, STEP OUT, OUT, IN, IN

- Step forward on left, 1/2 pivot right (6:00) 1-2
- 3&4 Step forward on left, Step right next to left, Step forward on left
- Step R out (and forward), Step L out (and forward), Step R back (in place) on, Touch L back 5-8 (in place)

ROCK FORWARD L, TOUCH BACK, ½ TURN L, STEP R, ½ PIVOT L, STOMP, STOMP

- 1-4 Rock forward on left, Recover on right, Touch left back, ¹/₂ turn left (12:00)
- 5-8 Step forward R, 1/2 pivot left (6:00), Stomp right forward, Stomp left next to right

R CHASSE, CROSS SIDE, ROCK BACK L, L CHASSE

- Step right to right side, Close left next to right, Step right to right side 1&2
- 3-4 Cross left over right, Step right to right side
- 5-6 Rock back on left, Recover on right
- 7&8 Step left to left side, Step right next to left, Step left to left side

TAGS: At the end of walls 4 & 10, both times facing the 12:00, add an extra right jazz box i.e. Counts 1-4.

Ending: The dance finishes facing 6:00, so after the L chasse, point right toe back, ½ turn right to face the front for the finish.

Contact: michaelsiebke@manx.net

Last Update - 7th Sept 2015





墙数: 2