Creepin' Up (情不自禁愛上你) (zh)

拍数: 32 **墙数:** 4 **级数:** Improver

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音乐: Creepin' Up On You - Darren Hayes

前奏： Star After the beat kicks in, 16 count Intro (for Creepin' Up On You) 16拍後起跳

第一段 STEP, ROCK, RECOVER, SIDE TRIPLE, ¼ TURN ROCK, RECOVER
踏, 下沉 回復, 右追步, 1/4下沉 回復

1,2,3 Step to left on LF, rock forward on RF, recover on LF
左足左踏, 右足前下沉, 左足回復

4&5 Step to right on RF, step LF next to RF, step to right on RF
右足右踏, 左足併踏, 右足右踏

6,7 ¼ turn right on RF and rock forward on LF, recover on RF
右轉90度左足前下沉, 右足回復

第二段 TRIPLE LOCK BACK, & TOUCH, HOLD, & STEP, ½ TURN, ROCK, RECOVER
後鎖步, 併 點, 候, 併 踏, 1/2, 下沉 回復

8&1 Step back on LF, lock RF in front of LF, step back on LF
左足後踏, 右足於左足前鎖踏, 左足後踏

&2,3 Step back on RF, point toe of LF forward, hold
右足後踏, 左足趾前點, 候

&4,5 Step LF next to RF, step forward on RF, ½ turn left on LF
左足併踏, 右足前踏, 左轉180度左足踏

6,7 Rock to right on RF, recover on LF (swaying hips)
右足右下沉, 左足回復左擺臀

第三段 ROCK, ROCK, ROCK, STEP, CROSS BACK, SIDE TRIPLE ¼ TURN, STEP, ½ TURN, STEP 搖, 搖, 搖, 踏 後交叉, 三步側轉, 踏 轉 踏

8&1 Rock (shift weight) to RF, LF, RF (swaying hips)
擺臀-右, 左, 右

2,3 Step to left on LF, cross behind left on RF
左足左踏, 左足於右足後交叉踏

4&5 Step to left on LF, step RF next to LF, ¼ turn left on LF
左足左踏, 右足併踏, 左轉90度左足踏

6,7,8 Step forward on RF, ½ turn left on LF, step forward on RF
右足前踏, 左轉180度, 右足前踏

第四段 ROCK, RECOVER, STEP, ROCK, RECOVER, STEP, TOUCH, TOUCH, ¼ TURN, CROSS
下沉 回復 踏, 下沉 回復 踏, 點 點, 1/4, 交叉

&1,2 Rock to left on LF, recover on RF, step forward on LF
左足左下沉, 右足回復, 左足前踏

&3,4 Rock to right on RF, recover on LF, step forward on RF
右足右下沉, 左足回復, 右足前踏

5,6 Touch left toe forward, touch left toe back
左足趾前點, 左足趾後點

7,8 ¼ turn left on LF, cross RF over LF
左轉90度, 右足於左前交叉踏