

Country Hitch (鄉村排舞) (zh)

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Beginner
编舞者: Vivienne Scott (CAN) - 2010年04月
音乐: That's How Country Boys Roll - Bill Currington : (CD: Little Bit of Everything)



- 第一段** **Right Side Shuffle, Rock Back, Recover, Left Side Shuffle, Rock Back, Recover** 右追步, 後下沉
回復, 左追步, 後下沉 回復
- 1&2 Step right to right side, close left beside right, step right to right side 右足右踏, 左足併踏, 右足右踏
- 3-4 Rock left back, recover on right 左足後下沉, 右足回復
- 5&6 Step left to left side, close right beside left, step left to left side 左足左踏, 右足併踏, 左足左踏
- 7-8 Rock right back, recover on left 右足後下沉, 左足回復
- 第二段** **Vine Right With 1/4 Turn, Hitch, Walk Back X3, Hitch**
華倫轉1/4帶抬, 後走, 後走, 後走, 抬
- 1-2 Step right to right side, cross left behind right
右足右踏, 左足於右足後交叉踏
- 3-4 Turn 1/4 right and step right forward, hitch left
右轉90度右足前踏, 左足抬
- 5-6 Walk back, left, right 後走步-左, 右
- 7-8 Step back left, hitch right 左足後踏, 右足抬
- 第三段** **Diagonal Step Touches, Step Kicks Back** 斜角踏點, 踏踢
- 1-2 Turn 1/4 right and step right back on right diagonal, touch left beside right 右轉90度右足右斜角後
踏, 左足併點
Option: Clap on touch 點時拍手
- 3-4 Turn 1/4 left and step left forward, touch right beside left
左轉90度左足前踏, 右足併點
Option: Clap on touch 點時拍手
- 5-6 Step right back, kick left 右足後踏, 左足踢
Option: Snap fingers shoulder high on kick 踢時手舉過肩彈手指
- 7-8 Step left back, kick right 左足後踏, 右足踢
Option: Snap fingers shoulder high on kick 踢時手舉過肩彈手指
- 第四段** **Rock Back, Recover, Step 1/4 Turn Pivot, 1/4 Turn Weave**
後下沉 回復, 踏 轉1/4, 1/4藤步
- 1-2 Rock back on right, recover on left
右足後下沉, 左足回復
- 3-4 Step right forward, 1/4 pivot turn left (weight on left)
右足前踏, 左轉90度(重心在左足)
- 5-6 Turn 1/4 left stepping right to right side, cross left behind right
左轉90度右足右踏, 左足於右足後交叉踏
- 7-8 Step right to right side, cross left over right
右足右踏, 左足於右足前交叉踏