

John 3:16

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Bobby Houle (CAN) - September 2015
音乐: John Cougar, John Deere, John 3:16 - Keith Urban



[1-8] Heel, Hook, Heel, Touch, Step, Together, Step, Rocking Chair, Step, Together, step

1 & 2 & right heel forward, hook right over left, right heel forward, Touch Right next to left
3 & 4 Step right, step left next to right, step right
5 & 6 & Rock left forward, back on right, rock left back, back on right
7 & 8 Step forward left, step right beside left, step left forward

[9-16] Grind ¼ Turn Right, step back, shuffle ½ Turn Left, Step ¼ Turn Left X2 Touch, Shuffle Right (Slightly diag. Right forward), touch

1 & 2 Grind right heel ¼ turn right, left back, right back (3h)
3 & 4 Step left ¼ turn left, step right beside left, step forward ¼ turn left (9)
5 & 6 & Step right ¼ turn left, Touch left next to right, step forward ¼ turn left, Touch Right beside left (3h)
7 & 8 & Shuffle Right-left-right (slightly diag.right), Touch left next to right

[17-24] Skate, touch, Skate, Touch, Shuffle Left (Slightly Diag. Left Forward), Cross Rock Step (X2)

1 & 2 & Left to left (slightly diag.) touch right next to left, right to right (slightly diag.), touch left next to right
3 & 4 Shuffle Left-Right-Left (slightly diag.left)
5 & 6 Cross Rock right over left, back on left , step right to right 7 & 8 Cross rock left over right, back on right ,step left to left

[25-32] Step ½ Pivot Turn Left, Step, Full Turn Right, Cross Rock Side, Step Touch (X2)

1 & 2 Step right forward, pivot ½ turn left, right forward (9)
3-4 Left behind right ½ turn right, Right forward ½ turn right
5 & 6 Rock left to left, back on right, cross left over right
7 & 8 & Step right to right, Touch left next to right, step left to left, touch right next to left

Repeat the dance!

#1-Restart: You dance 2 times in full. You are on the 6 o'clock wall. You do the first 16 counts. Replace the touch (left foot) after the shuffle(r-l-r) by a step left next to right and begin from the top

#2 Tag: You repeat the dance three times in full. You are on the 12 o'clock wall. You do this sequence

1-6 Heel, Hook, Heel, Touch, Step Touch (X4)
1 & 2 & right heel forward, hook right over left, right heel forward, Touch Right next to left
3 & 4 & Step right to right, left touch next to right, step left to left , right touch next to left
5 & 6 & Repeat 3 & 4 &

#3- Restart: You make the dance 1 time in full . You are on the 9 o'clock wall . You make the first 8 counts and you start again.

Video available on youtube and www.loneriders.ca

Happy dance!

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