

# Beginning to Suffer

**COPPER** KNOB  
STEP SHEETS

拍数: 48      墙数: 4      级数: Beginner waltz  
编舞者: Judy Rodgers (USA) - September 2015  
音乐: Suffer - Charlie Puth : (Album: Nine Track Mind, Amazon.com)



**Intro: 24 counts (No tags or restarts)**

## **Sway L, sway R**

1-3      Sway L to left, hold 2 cnts  
4-6      Sway R to right, hold 2 cnts

## **Turn ¼ left, hold, cross, side rock**

1-3      1/4 turn left step L fwd, hold 2 cnts □ [9:00]  
4-6      Cross R over L, rock L to left side, recover R

## **Step, hold, touch, hold**

1-3      Step L fwd, hold 2 cnts  
4-6      Touch R beside L, hold 2 cnts

## **Sailor step, back, sweep**

1-3      Step R behind L, step L to left side, step R to right side  
4-6      Step L behind R, sweep R from front to back over 2 cnts

## **Behind, hold, turn ¼ step, hold**

1-3      Step R behind L, hold 2 cnts  
4-6      Turn ¼ left step L fwd, hold 2 cnts □ [6:00]

## **Point, hold, rock, recover, point**

1-3      Point R to right diagonal, hold 2 cnts  
4-6      Rock R back, recover L, point R to right diagonal

## **Back, sweep, back, sweep**

1-3      Step R back, sweep L from front to back over 2 cnts  
4-6      Step L back, sweep R from front to back over 2 cnts

## **Sailor turn ¼, touch, hold**

1-3      Turn ¼ right step R behind L, step L to left, step R to right [9:00]  
4-6      Touch L beside R, hold 2 cnts

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