Kick It

级数: Beginner Contra

编舞者: Séverine Fillion (FR) - July 2015

音乐: Kick the Dust Up - Luke Bryan

Intro : 16 counts (No Tag, No Restart)

拍数: 32

[1-8] SIDE, TOGETHER, SIDE, TOUCH (RIGHT & LEFT)

- 1-2 Right step to the right, left next to right
- 3-4 Right step to the right, Touch left next to right
- 5-6 Left step to the left, right next to left
- 7-8 Left step to the left, Touch right next to left

[9-16] STEP FWD, CLAP, STEP FWD, CLAP, KICK x 2, STEP BACK, HOLD

- 1-2 Right step fwd, Clap
- 3-4 Left step fwd, Clap

(Both lines joins themselves and you can Clap on count 4 with your partners in front of you)

- 5-6 Right Kick fwd twice
- 7-8 Right step back, Hold

[17-24] JUMP BACK OUT OUT, CLAP, BUMPS

- &1-2 Little jump back (left step to left, right step to right : &1), Clap (2)
- 3-4 Bump to the left, Hold
- 5-8 Bumps to the right, left, right, left (ending weight on left)

[25-32] STEP, CLAP, ½ TURN, CLAP, HEEL TOUCH, TOGETHER, HEEL TOUCH, TOGETHER

- 1-2 Right step fwd, Clap
- 3-4 Turn ½ left passing weight on left foot, Clap
- 5-6 Touch right heel fwd, recover on right next to left
- 7-8 Touch left heel fwd, recover on left next to right

Start again and enjoy!





墙数:2