Bite Me



编舞者: DuWayne Flora (USA) - September 2015 音乐: La Mordidita (feat. Yotuel) - Ricky Martin



Rock forward, Coaster step. R&L

1,2,3&4 Rock forward R, recover to L and R coaster step 5,6,7&8 Rock forward L, recover to R and L coaster step

(optional Heel grinds in place of rocking forward)

R side together, R Chasse, Cross rock, L Chasse

1,2,3&4 Step R to R, bring L to it, R side together side

5,6,7&8 Cross rock L over R, recover to L, L side together side

Weave, Point to L and R

1,2,3,4 Cross R over L, Step L to L, Cross R behind L, Point L to side 5,6,7,8 Cross L over R, Step R to R, Cross L behind R, Point R to side

Shuffle forward R and L, 1/2 turn, 1/4 turn

1&2,3&4 Shuffle forward with R then L

5,6,7,8 Step Forward R and 1/2 turn to L, Step forward R and 1/4 turn to L

(optional: replace shuffles with Samba steps)

This song is VERY fast. More comfortable if slowed to 130 BPM.

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