Monster



编舞者: Mandi Blue - September 2015

音乐: 2 Heads - Coleman Hell



Start Dance 32 Counts In (When The Banjo Starts)

ROCK, RECOVER, WEAVE, ROCK, RECOVER, CROSS TRIPLE

1-2 Rock Right, Recover Left

3&4 Cross Right Behind Left, Step Left, Cross Right Over Left

5-6 Rock Left, Recover Right

7&8 Crossing Triple Step (Cross Left Over Right, Step Right, Step Left)

3/4 TURN OVER LEFT SHOULDER, KICK BALL CHANGE, KICK BALL CHANGE

1-2 Step Right Back While Turning Over Left Shoulder 1/4 Turn, Step Left And Make A ¼ Turn

3-4 Step Right And Make A ¼ Turn, Step Left

5&6 Kick Right, Step Right, Step Left7&8 Kick Right, Step Right, Step Left

STEP, ½ TURN, STEP, ½ TURN, WEAVE WITH HEEL JACK

Step Right Forward, ½ Turn Over Left Shoulder With Weight On The Left
Step Right Forward, ½ Turn Over Left Shoulder With Weight On The Left

5-6 Step Right, Cross Left Behind

&7&8 Step Right, Kick Left Heel Out, Step Left, Cross Right Over Left

WEAVE WITH HEEL JACK, SIDE SHUFFLE, ½ TURN

1-2 Step Left, Cross Right Behind

&3&4 Step Left, Kick Right Heel Out, Step Right, Cross Left Over Right

5&6 Shuffle To The Right Stepping Right, Left, Right

7-8 Cross Left Behind Right, Unwind ½ Turn Over Left Shoulder

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