Waltzing With The Lady In Red

级数: Easy Beginner waltz

拍数: 24

墙数:4

编舞者: Rene & Reg Mileham (UK) - September 2015

音乐: Lady in Red (Waltz 30Bpm) - Tony Evans Dancebeat Studio Band : (CD: Zoom into the 80's)

Music Download from Amazon and iTunes

Dance: 12 count intro - 93 bpm

Section 1: Step, drag, hold. Back, back, back. Left & Right back twinkles

- 1-2-3 Step Left forward, draw Right toe to Left foot, hold
- 4-5-6 Walk back Right, Left, Right
- 7-8-9 Cross Left behind Right, step Right to right side, step Left in place
- 10-11-12 Cross Right behind Left, step Left to side, step Right in place

Section 2: Left Twinkle, 1/4 turn twinkle, 1/2 turn twinkle, sway, sway, sway.

- 1-2-3 Cross Left over Right, step Right to right side, step Left in place
- 4-5-6 Cross Right over Left, step back on Left making ¹/₄ turn right, step Right in place 3.00
- 7-8-9 Cross Left over Right, Step Right back making ½ turn left, step Left in place 9.00 (weight on L)
- 10-11-12 Sway Right, sway Left, sway Right (weight on Right)



COPPI