Rescue



编舞者: Roosamekto Mamek (INA) - October 2015

音乐: Rescue - Yuna



Intro: 16 count

S1: DIAGONALLY FORWARD LOCK STEP, JAZZ BOX, CROSS SHUFFLE

Step R diagonally forward – Lock L behind R – Step R diagonally forward
Step L diagonally forward – Lock R behind L – Step L diagonally forward

5-7 Cross R over L – Step L back – Step R to side
8&1 Cross L over R – Step R to side – Cross L over R

S2: TURN 3/4 LEFT, FORWARD LOCK SHUFFLE, FORWARD, PIVOT TURN 1/2 RIGHT, FORWARD LOCK SHUFFLE, TOUCH

Turn ¼ left step R back – Turn ½ left step L forward
Step R forward – Lock L behind R – Step R forward

6-7 Step L forward – Turn ½ right (weight on R)

8&1& Step L forward – Lock R behind L – Step L forward – Touch R beside L

S3: SYNCOPATED SIDE TOUCH, SIDE CHASSE, TOUCH, SYNCOPATED SIDE TOUCH, SIDE CHASSE

Step R to side – Touch L beside R – Step L to side – Touch R beside L
Step R to side – Step L together – Step R to side – Touch L beside R
Step L to side – Touch R beside L – Step R to side – Touch L beside R

8&1 Step L to side – Step R together – Step L to side

S4: ROCK BEHIND, RECOVER, SIDE STEP, CROSS OVER, TURN 1/4 RIGHT, SAILOR TURN 1/4 RIGHT

2&3 Rock R behind L – Recover on L – Step R to side 4&5 Rock L behind R – Recover on R – Step L to side

6-7 Cross R over L – Turn ¼ right step L back

8&1 Cross R behind L – Turn ¼ right step L to side – Step R to side

S5: CROSS ROCK, RECOVER, SIDE STEP, SWAYS

2&3 Cross/Rock L over R – Recover on R – Step L to side
4&5 Cross/Rock R over L – Recover on L – Step R to side

6-8 Sway to left – Sway to right – Sway to left

S6: JAZZ BOX TURN 1/4 RIGHT, SIDE MAMBO

1-4 Cross R over L – Turn ¼ right step L back – Step R to side – Cross L over R

Rock R to side – Recover on L – Step R together
Rock L to side – Recover on R – Step L together

S7: VAUDEVILLE STEPS, SIDE STEP, RECOVER, CROSS SHUFFLE

Step R to side – Touch L toes diagonally forward – Step L beside R – Cross R over L
Step L to side – Touch R toes diagonally forward – Step R beside L – Cross L over R

5-6 Step R to side – Recover on L

7&8 Cross R over L – Step L to side – Cross R over L

S8: SHUFFLE TURN 1/4 LEFT, FORWARD, PIVOT TURN 1/2 LEFT, SIDE CHASSE, BEHIND, SIDE, CROSS

1&2 Turn ¼ left step L forward – Step R together – Step L forward

3-4 Step R forward – Turn ½ left (weight on L)

5&6 Step R to side – Step L together – Step R to side

REPEAT

TAG: End of wall 2 (Facing 06:00). Do these 8 counts TAG, You will start wall 3 facing 03:00 TURN 1/4 LEFT, SIDE STEP, SWAY R-L, JAZZ BOX

1-4 Turn ¼ left step R back – Step L to side – Sway to right – Sway to left

5-8 Cross R over L – Step L back – Step R to side – Step L forward

I dedicated this dance to all of my friends from Malaysia.

For Song & Step Sheet please contact: Roosamekto.Nugroho@gmail.com