Call U Bk L8tr! (稍後聯絡) (zh)

拍数: 0 **墙数:** 4 **级数:** Intermediate

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音乐: Playing With Fire (feat. Mr Hudson) - N-Dubz

前奏： Intro: 32 Counts – Start On Word 'Slip'

Part A A部份

第一段 **Side Sway ¼ Recover, Lock Walk, Step ¾ Pivot, Walk Rock Recover.**
側擺臀 1/4回復, 後鎖 踏, 踏 3/4, 走 下沉 回復

1-2 Step/Sway R To R Side, Make ¼ Turn L As You Recover On L. (9.00)
右足右踏右擺臀, 左轉90度左足回復(面向9點鐘)

&3 Lock R Behind L, Step Fwd L. 右足於左足後鎖踏, 左足前踏

4&5 Step Fwd R, Pivot ½ Turn L, Make ¼ Turn L As You Step R A Big Step To R Side. 右足前踏, 左轉180度, 左轉90度右足右一大步

6-8 Drag L In And Prissy Walk Fwd L, Rock Fwd On R, Recover L. (12.00)
左足拖至前交叉走步, 右足前下沉, 左足回復(面向12點鐘)

第二段 **Ball ½ Step, Walk L,R, Triple 1 ¼ Turn R, ¼ Step Back, Fast Coaster.**
併-轉走 走, 三步3/4, 拖 踏 交叉, 1/4 海岸步

&1-2 Step R Next To L, Make ½ Turn L As You Step Fwd L, Walk Fwd R. (6.00)
右足併踏, 左轉180度左足前踏, 右足前走(面向6點鐘)

3&4 Make A Triple 1 ¼ Turns R Stepping L,R,L, (Make The Last Step A Big Step To L Side) (9.00)
三步右轉270度-左, 右, 左, 結束時左足左大步(面向9點鐘)

5&6 Drag R To L, Step On R, Cross L Over R.
右足拖併, 右足踏, 左足於右足前交叉踏

7&8& Make ¼ Turn L Step Back R, L Coaster (&8&) (6.00)
左轉90度右足後踏, 左海岸步(&8&)(面向6點鐘)

第三段 **Cross Side Behind/Sweep, Back Rock ¼ Point, Walk L,R, ¼ Side Rock, ¼ Recover. 交叉 側 後踏繞, 後下沉 回復 1/4點, 走 走, 1/4 1/4 踏**

1&2 Cross R Over L, Step L To L Side, Step R Behind L As You Sweep L Out.
右足於左足前交叉踏, 左足左踏, 右足於左足後踏左足繞

3&4 Rock Back On L, Recover R, Make ¼ Turn R As You Point L To L Side.
左足後下沉, 右足回復, 右轉90度左足左點

5-6 Walk L,R, 左足前走, 右足前走

&78 Make ¼ Turn R As You Rock Out To L Side (&), Make ¼ Turn R Recover R, Step Fwd L (3.00)
右轉90度左足左下沉, 右轉90度右足回復, 左足前踏(面向3點鐘)

第四段 **Step Back/Lean Recover, Brush Step X2, Run Back R,L,R, ¼ Side Bump L,R,L.**
踏(身體後傾) 回復, 刷 踏 共二次, 後跑步三次, 1/4推臀

1-2 Step And Lean Back On R With L Toes Off Floor, Recover Weight Fully On L. (3.00) 右足踏身體後傾左足趾離地, 左足回復(面向3點鐘)

&3&4 Brush R Fwd, Step On R, Brush L Fwd, Step On L,
右足前刷步, 右足踏, 左足前刷步, 左足踏

5&6 Run Back R,L,R. 後跑步-右, 左, 右

7&8 Make ¼ Turn L Step L To L Side As You Bump Hips L,R,L. (12.00)
左轉90度左足左踏推臀-左, 右, 左(面向12點鐘)

第五段 **Syncopated Side Rock, Syncopated ¼ Turn Back Rock, Ball Step, ¼ Step, Point Hitch Side.**
併 左下沉 回復, 併 1/4後下沉 回復, 併 踏 1/4, 左點 抬 左大步

&1-2 Step R Next To L, Rock L To L Side, Recover R.
右足併踏, 左足左下沉, 右足回復

&3-4 Step L Next To R, Make ¼ Turn L And Rock Back On R, Recover L. (9.00)
左足併踏, 左轉90度右足後下沉, 左足回復(面向9點鐘)

***Restart B Here** 第三次A部份跳至此, 直接跳B部份

&5-6 Step R Next To L, Walk Fwd L, Make ¼ Turn L Step Fwd R. (6.00)
右足併踏, 左足前走, 左轉90度右足前踏(面向6點鐘)

7&8 Point L To L Side, Hitch L Knee Up, Step Big Step To L Side As You Drag In R. (6.00) 左足左點, 左膝抬, 左足左大步右足拖併(面向6點鐘)

第六段 Cross ¼ ¼ Lunge, Recover & Side, Switch X2, Ball Fwd Step Touch.
交叉 1/4 1/4曲膝, 回復 併 左踏, 併點併點, 併 踏 併點

1&2 Cross R Over L, Make ¼ Turn R Step Back L, Make ¼ Turn R As You Lunge To R Side. 右足於左足前交叉踏, 右轉90度左足後踏, 右轉90度右曲膝踏

3&4 Recover On L As You Drag In R, Step R Next To L, Step L To L Side,
左足回復右足拖併, 右足併踏, 左足左踏

&5&6 Step R Next To L, Point L To L Side, Step L Next To R, Point R To R Side.
右足併踏, 左足左點, 左足併踏, 右足右點

&7-8 Step R Next To L, Step Fwd L, Touch R Next To L. (12.00)
右足併踏, 左足前踏, 右足併點(面向12點鐘)

Part B (Note First B Starts On Home Wall) B部份(第一個B從前面牆起跳)

第一段 Out Out, Pop Recover, Pop Lean/Head Tilt, Push Cross.
大 大, 膝彈, 膝彈左傾, 回復 交叉

1-2 Step Out R, Step Out L (Not Too Far Apart)
右足右前踏, 左足左前踏(腳分開但不要太大)

3-4 Pop R Knee In So R Heel Off Floor, Recover Weight Back On R.
右膝彈右足踵離地, 右足回復

5-6 Pop L Knee In So L Heel Off Floor, Tilt Head To L As You Slightly Lean Upper Body L. (L Knee Is Still Popped In)
左膝彈左足踵離地, 頭向左傾身體略向左傾(左膝保持原狀)

7-8 Push Off Your L Foot So Body Straightens, Cross L Over R, Weight L (12.00)
左足回復身體站直, 左足於右足前交叉踏(面向12點鐘)

第二段 Walk Back R,L,R, Touch L Back, Reverse ½ Pivot Side, Swivet.
後走-右, 左, 右, 後點, 轉, 旋轉

1-3 Walk Back R,L,R. 後走-右, 左, 右

4-6 Touch L Toe Back, Reverse ½ Turn Pivot L Taking Weight On L, Step R To R Side (6.00) 左足趾後點, 左轉180度重心在左足, 右足右踏(面向6點鐘)

7-8 Swivet Both Feet-Toes To R (On L Ball And R Heel), Recover Feet Back Centre 雙足趾旋轉至右(重心在右踵), 雙腳轉回
Arms: 手勢
During Counts 7-8 Bring Both Arms Up Side Of Body With Elbows Bent & Fists Clenched, Return Arms Down On Count 8.
雙手肘彎握拳於胸前, 第8拍放下雙手

第三段 Step ½ Pivot Feet Together, Step ¼ Pivot Feet Together
踏 併 轉, 踏 併 轉

1-2 Step L Over The Wall Fwd For 2 Counts.
左足以2拍移至前踏

3-4 Step R Next To L, Pivot ½ Turn L, Weight L. (12.00)
右足併踏, 左軸轉180度重心在左足(面向12點鐘)

5-6 Step R Over The Wall Fwd For 2 Counts
右足以2拍移至前踏

7-8 Step L Next To R, Pivot ¼ Turn R, Weight L (3.00)
左足併踏, 右軸轉90度重心在左足(面向3點鐘)

第四段 Walk Back R,L, ¼ Side, Toe Heel Toe, ¼ Hitch Step
後走-右, 左, 1/4側, 趾 踵 趾, 1/4抬 踏

1-3	Walk Back R, L, Make ¼ Turn R Step R To R Side. (6.00) 右足後走, 左足後走, 右轉90度右足右踏(面向6點鐘)
4-6	Bring In L Foot, Toe, Heel Toe, Weight Stays On R (6.00) 左足趾-踵-趾移向右足(重心在右足)(面向6點鐘)
7-8	Make ¼ Turn L As You Hitch L, Step Fwd On L (3.00) 左轉90度左足抬, 左足前踏(面向3點鐘)