Long Hot Night



拍数: 64 编数: 4 级数: Improver - Pop Nightclub Rhythm

编舞者: Ira Weisburd (USA) - October 2015

音乐: I Just Died in Your Arms - Rian Ungerer : (Album: Timeless Hits Volume 2)



Introduction: 80 cts. Start on 1st verse @approx. 38 sec.

One Easy Restart @ 12:00 (Wall 3 after first 24 cts.)

PART I. (CROSS, POINT, CROSS, POINT; JAZZ BOX)

1-2	Step R across L, Point L toe to L
3-4	Step L across R, Point R toe to R
5-6	Step R across L, Step L back
7-8	Step R to R, Step L across R

PART II. (R NIGHTCLUB STEP; VINE 4 TO L)

1-2	Step R to R, Hold
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3-4 Step L back, Recover forward onto R

5-6 Step L to L, Step R behind L7-8 Step L to L, Step R across L

PART III. (L NIGHTCLUB STEP; VINE 2 TO R, 1/4 R TURN, 1/4 R TURN)

1-2	Step L to L	Hold
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3-4 Step R back, Recover forward onto L

5-6 Step R to R, Step L behind R

7-8 Step R to R making 1/4 Turn R (3:00), Step L forward making 1/4 Turn R (6:00)

PART IV. (BACK, RECOVER, VINE 2 TO R; 1/4 R TURN, 1/2 R TURN, BACK, RECOVER)

1-2 Step R back, Recover forward onto L

3-4 Step R to R, Step L behind R

5-6 Step R to R making 1/4 Turn R (9:00), Step L back making 1/2 R Turn (3:00)

7-8 Step R back, Recover forward on L

PART V. (CROSS, SIDE, CLOSE, CROSS; SIDE, CLOSE, FORWARD, RECOVER)

1-2 Step R across L, Step L to L

3-4 Step-close R beside L, Step L across R

5-6 Step R to R, Step-close L to R (making 1/8 L Turn to face 1:30)

7-8 Step R forward, Recover back onto L

PART VI. (R COASTER STEP, HITCH L; WEAVE 4 TO R)

1-2	Step R back, Step-close L beside R
3-4	Step R forward, Lift L and square up (3:00)

5-6 Step L across R, Step R to R7-8 Step L behind R, Step R to R

PART VII. (CROSS, SIDE, CLOSE, CROSS; SIDE, CLOSE, FORWARD, RECOVER)

1-2 Step L across R, Step R to R

3-4 Step-close L beside R, Step R across L

5-6 Step L to L, Step-close R to L (making 1/8 R Turn to face 4:30)

7-8 Step L forward, Recover back onto R

PART VIII. (L COASTER STEP, HITCH R; WEAVE 4 TO L)

1-2 Step L back, Step-close R beside L

3-4 Step L forward, Lift R and square up (3:00)5-6 Step R across L, Step L to L

7-8 Step R behind L, Step L to L

REPEAT DANCE. Have FUN!!

ENDING: On the last wall finish dance making 1/4 Turn L in PART VIII. count 8 to face 12:00, then step forward on R & splay arms.

Contact ~ Email: dancewithira@comcast.net