

Crazy Day

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Ann-Kristin Sandberg (NOR) - September 2015
音乐: Mr. Mom - Lonestar : (iTunes)



INTRO : 24 Counts (16 sec)

HEEL & HEEL-DIAGONAL LOCKSTEPS R-SCUFF-DIAGONAL LOCKSTEPS L-SCUFF-PIVOT ¼ TURN L-CROSS

1&2& Touch R heel forw, Step R next to L, Touch L heel forw, Step L next to R
3&4& Step R diagonal forw to R, Lock L behind R, Step R diagonal forw to R, Scuff L forw
5&6& Step L diagonal forw to L, Lock R behind L, Step L diagonal forw to L, Scuff R forw
7&8 Step R forw, Pivot ¼ turn L, Cross R over L

WEAVE & CROSS-SIDE-BACK RECOVER-TOE STRUTS-SIDE RECOVER-BACK RECOVER

1&2& Step L to L side, Cross R behind L, Step L to L side, Cross R over L
3-4& Step L to L side (long step), Step R backw, Recover onto L
5&6& Touch R toe to R side, R heel down, Touch L toe in front of R, L heel down
7&8& Step R to R side, Recover onto L, Step R backw, Recover onto L

FORW-PIVOT ¼ TURN L-CROSS-1/4 TURN R-1/4 TURN R-STEP-ROCK RECOVER-BACK WITH SWEEP-BACK RECOVER

1&2 Step R forw, Pivot ¼ turn L, Cross R over L (06)
3&4 ¼ turn R stepping L back, ¼ turn R stepping R to R side, Step L forw (12)
5&6& Step R forw, Recover onto L, Step R backw, sweep L out to L & backw
7&8& Step L backw, Sweep R out to R & backw, Step R backw, Recover onto L

SHUFFLE-STEP-PIVOT ¼ TURN R-CROSS-WEAVE TO R END WITH CROSS-SIDE RECOVER

1&2 Step R forw, Step L next to R, Step R forw
3&4 Step L forw, Pivot ¼ turn R, Cross L over R (03)
5&6& Step R to R side, Cross L behind R, Step R to R side, Cross L over R
7-8 Step R to R side(long step), Recover onto L (sway body & wave arms to R & L)

RESTART & TAG : On wall 3 (06) do the first 8 count.

**Tag : Facing 03 : 1&2 Step L to L side, Recover onto R, Step L next to R
~& start again from beginning.**

ENJOY!!