

Backseat Freedom

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Todd Robishaw (USA) - October 2015
音乐: John Cougar, John Deere, John 3:16 - Keith Urban



Start 16 counts into the music

(1-8) SWAY LEFT, RIGHT, TRIPLE LEFT, WALK RIGHT, LEFT, MAMBO FORWARD

- 1-2 Sway left, sway right
- 3&4 Step to side on left foot, bring right next to left, step to side on left foot
- 5-6 Walk forward right, left
- 7&8 Rock forward on right foot, recover weight to left, bring right next to left

(9-16) STEP LOCK STEP, PIVOT ½ LEFT STEP, PIVOT ¼ RIGHT STEP, TRIPLE ¼ TURN LEFT

- 1&2 Step forward on left foot, bring right foot behind left, step forward on left foot
- 3&4 Step forward on right foot, pivot ½ turn left and shift your weight forward on left, step forward on right foot
- 5&6 Step forward on left foot, pivot ¼ turn right and shift your weight forward on right, step forward on left
- 7&8 Turn a ¼ turn left as you step to the side on your right foot, bring your left next to right, step to side on right foot

(17-24) CROSS ROCK, RECOVER, TRIPLE ¼ LEFT, FORWARD ROCK, RECOVER, COASTER BACK

- 1-2 Cross rock left over right, recover weight to right
- 3&4 Step to side on left foot, bring right next to left, turn a ¼ turn left as you step forward on left
- 5-6 Rock forward on right foot, recover weight to left
- 7&8 Step back on right foot, bring left next to right, step forward on right foot

(25-32) KICK BALL CHANGE, PIVOT ¼ TURN CROSS, FULL TRIPLE TURN LEFT, CROSS ROCK, RECOVER

- 1&2 Kick left foot forward and slightly down, step back on ball of left foot, change weight to right
- 3&4 Step forward on left foot, pivot a ¼ turn right and shift your weight to right, cross left over right
- 5&6 Turn a full turn left as you step right, left, right (easier option triple right)
- 7-8 Cross rock left over right, recover weight to right

Dance starts again.

Note: This dance has two restarts and one tag. On wall three do the first 16 counts then start again facing 6 o'clock. At the end of wall 6 (you will be facing 12 o'clock) add a 6 count tag. Sway left, right, left, right, cross rock left over right, recover weight to right then start again. On wall 8 (facing 6 o'clock) do the first 8 counts and restart. Enjoy!

Questions or comments, contact me at toddrobishaw@hotmail.com