No Cheating (aka My Babe)

级数: Beginner

编舞者: Sue Ann Ehmann (USA) - October 2015

音乐: My Babe - Martina McBride : (CD: Everlasting)

Intro: 16 counts (Lyrics) No Tags, No Restarts

拍数: 32

Special thanks to Aline Goodman for the song suggestion!

[1-8] OUT, OUT, BACK ROCK, RECOVER, SIDE, CROSS, SIDE, 1/4 LEFT SAILOR

- 1-2, Step right to side, step left out to side
- 3&4 Rock right behind left, recover, step right to side
- 5-6 Step left across right, step right to side
- Sweep left behind right turning 1/4 left, step right to side, step left slightly forward \Box 9:00 7&8

[9-16] TOUCH FORWARD, TOUCH BACK, TRIPLE FORWARD, STEP, PIVOT 1/4 RIGHT, COASTER

- 1-2 Touch right forward, touch right back
- 3&4 Step right forward, step left beside right, step right forward
- Step left forward, pivot 1/4 right stepping right to side 5-6
- Step left back, step right beside left, step left forward 7&8

[17-24] CHARLESTON KICK, HIP BUMPS HIGH AND LOW (a.k.a. DRESSER DRAWERS)

- 1-4 Kick right forward, step right back, touch left back, step left forward
- Touch right foot slightly forward and bump hips right raising body slightly (5), Dbump hips left 5&6& returning body to center (&), bump hips right lowering body slightly (6), bump hips left returning body to center (&)
- Bump hips right raising body slightly (7), bump hips left returning body to \Box center (&), bump 7&8& hips right lowering body slightly (8), bump hips left returning body to center (&)

Easier option for the "Dresser Drawer" hip bumps: Just bump your hips right, left, right, left, right, left, right, left.

[25-32] FORWARD ROCK, RECOVER, LOCK STEP BACK, BACK ROCK, RECOVER, TRIPLE 1/2 TURN RIGHT

- 1-2 Rock right forward, recover left
- 3&4 Step right back, step left across right, step right back
- 5-6 Rock left back, recover right
- 7&8 Turning 1/4 right step left to side, step right beside left, turn 1/4 right stepping left back 6:00

START AGAIN

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