Cheerleader

拍数: 32

级数: Novice

编舞者: Christiane FAVILLIER (FR) - June 2015

音乐: Cheerleader (Felix Jaehn Remix) (Radio Edit) - Omi

墙数:4



Intro: 32 counts

(1-8) - R ROCK FWARD, UNDWIND WALKS, L FWARD ROCK, TURN (TWICE)

- 1 2 Step right before (with weight) and recover to left
- 3 & 4 Full turn right (12:00)
- 5 6 step left forward (with weight) and recover on right
- 7 8 to Rotate 1/2 turn left, and still half turn left (right behind)

(9-16) - SCOOT BACK L, R, L, R, L SAILOR 1/4 TURN, POINT SIDE KNEE BEND SIDE & POINT

- 1 2 3 4 Jump back left, right, left, right
- 5 & 6 Cross left behind right, pivot from 1/4 turn to left, step right to right, step left to left (9:00)
- 7 & 8 Touch right to right, back knee slightly bent to the left, point right to right1

RESTART 1: You are facing 16 counts 6:00 after the second wall !!

RESTART 2: you are facing 16 counts after 9:00 of the 5th wall !!

(17-24) -HEEL GRIND (TWICE) ¼ TURN COASTER STEP, STEP L FWARD HOLD, BODY ROLL

- 1234 Cross heel over left, open right toe, heel cross over left, open right toe
- 5 & 6 Step back right, step left next to right, pivot from one quarter to turn right and advance RF(1200)
- 7 8 Step forward left, HOLD (Legs & flex slightly down and up in the basin and then drop shoulders)

(25-32) -TRIPLE STEP FWARD, TRIPLE BACK, A QUARTER TURN, HOLD, CLOSED KNEE POP

- 1 & 2 Step right forward, step left behind right, advancing PD
- 3 & 4 Step forward left, step right behind left while making ½ turn right, step left back (6:00)
- 5 6 Rotate 1/4 turn to D (9H), HOLD
- 7&8& Bring left next to right, bend the knee on the insideDrop knee and put it right, bend left knee on the inside, place the left knee and left step (PDC left)

ENDING: after the knee pop (you are facing 3:00) simply rotate 1/4 turn Left (1200) and made the latest & the 12:00 wall!

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